



Red Ribbon Reflections

AIDS Education and Ministry Project

Involving Alabama in compassion, education, and ministry

Oct./Nov./Dec., 1995

Expectations and Communication Crucial for Care Teams

by Malcolm Marler

Expectations

Each Care Team and Care Team Friend must be as clear as possible concerning what is needed and can be offered by all persons involved. If these expectations are not discussed, a Care Team Friend may be disappointed that his or her team is not providing what he/she assumed to be the norm, and vice versa. The following questions may help address the expectations of both groups.

What is the definition of a Care Team?

A Care Team is a group of a dozen or more *volunteers* organized and trained to provide a *secondary* support system for persons living with HIV/AIDS and their primary caregivers. A Care Team is not a medical team or hospice type of team, but rather more like extended family and friends.

What determines what a Care Team does?

The duties of a Care Team are based on *two equal considerations*: **1)** What the Care Team Friend or loved one needs or wants; and **2)** What the members of the Care Team can do based on time availability and skills. There will be some requests that a Care Team will not be able to fulfill. (See Unmet Needs.)

What kind of support is offered by a Care Team?

A Care Team offers three basic types of support: **1) Practical**; **2) Emotional**; and **3) Spiritual**. *Practical support* includes doing tasks for a Care Team Friend or family member like: transportation to the doctor or grocery store, housekeeping or yard work, or providing meals a few days per week.

Emotional support includes doing things with a Care Team Friend like common acts of friendship, sharing a meal with one another, phone calls, notes, etc.

Spiritual support may include the prayers of Care Team Members for the Friend, and a willingness to listen to such issues as purpose and meaning in one's life, or one's beliefs about God. Certainly, a Care Team member is free to share his/her personal beliefs when requested, but great care should be taken to always respect the beliefs of the Care Team

Friend as well. The goal of spiritual care is to offer unconditional love, not to proselytize one to believe necessarily the same way as a team member.

Communication

A Care Team Friend ideally should express needs that he or she are aware of *ahead of time* to the Care Team Leader(s). An example of this would be the need for transportation to the doctor next Thursday or assistance to the grocery store on Saturday. If a Care Team Friend would like a call each day from a Care Team Member, the Leader could schedule persons to do this so that the team is coordinated and the Friend doesn't receive multiple calls on one day and none during the rest of the week.

Unmet Needs

There will be some needs of the Care Team Friend that will not be able to be met by the Care Team due to lack of time availability or skills of the Members. Care Team Members should simply communicate that they will do what they can and let the Friend know if his/her request is possible. The Care Team Friend needs to understand that it is ok for a team to say yes or no to a request.

After exploring the availability of the team, the Leader and Friend have several other options such as: contacting the Friend's social worker to explore additional resources; (please see Communication, page 3)

Red Ribbon Reflections

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POSTMASTER: Please send all address changes to Red Ribbon Reflections, UAB 1917 Clinic, 908 South 20th Street, Birmingham, AL 35294-2050.

Mailing list additions/changes: Please send name, address, and phone numbers to the above address. Contributions are appreciated.



At Dawson Memorial Baptist Church in Homewood

Volunteer Training on November 11, December 9

Community AIDS Education and Volunteer Training is held on the *second Saturday* of every month (8:30-4:30 p.m.). Everyone is welcome to attend the training to learn more about HIV/AIDS, whether you want to volunteer or not. Upon the completion of a training event, an individual is also eligible to apply to volunteer through any of the sponsoring AIDS organizations, including AIDS Care Teams.

Dates: November 11, December 9

Where: Dawson Memorial Baptist,
1114 Oxmoor Road,
Homewood

Cost: \$10 (includes refreshments,
lunch & materials)

Reservations: 975-9126 (24 hrs. day)

Directions: From the North or South, take I-65 in Birmingham, take the Oxmoor Road exit and travel east on Oxmoor Road for approximately 2 miles, church is on the left.

From east of Birmingham, take 280 West until it dead ends into Homewood. Turn left at the light, go through 3 lights in Homewood, turn right at Southtrust Bank onto Oxmoor Road. Church is approximately 1-2 miles on your right.

Schedule

- 8:00 Registration opens
- 8:30 Welcome, AIDS Resources
- 9:00 AIDS 101
- 10:30 Break
- 10:45 Psychological/Social Issues and a Personal Story

- 11:45 Lunch
- 12:30 Diversity Experience
- 1:30 Break
- 1:45 Understanding Grief and Loss
- 2:45 Presentation of Certificates
- 3:00 *Specialty Workshops*
 - *AIDS Care Team Orientation* (for persons who want to know more about Care Teams or want to be on one).
 - *Support for AIDS Care Teams* (for persons who are already on a Care Team).
 - *Volunteer Opportunities at the UAB 1917 Clinic.*
 - *Volunteer Opportunities at AIDS Task Force of Alabama.*
- 4:30 Dismiss

Note: There is no charge if persons are attending the specialty groups only. Reservations are encouraged however, so that adequate handouts will be prepared.

Sponsoring groups include: AIDS Task Force of Alabama, Jefferson County AIDS in Minorities, Birmingham AIDS Outreach, UAB 1917 Clinic, The AIDS Education and Ministry Project, The Family Clinic at Children's Hospital, A Baby's Place of AL, Inc., and Baptist Health Systems-Hospice.

Community AIDS Education and Volunteer Line

New!

975-9126



One easy phone number to register for the next education or volunteer training, 24 hours per day! Also, call for an up-to-date listing of specialty groups offered.



World AIDS Day Friday, Dec. 1st

1:50 p.m. Tolling of the Bells
(If your congregation has bells, please toll 15 times at 1:50 to remember those who have died with AIDS.)

6:00 p.m. Candelight Gathering
at Magnolia Park (Southside)

6:30 p.m. Candelight Walk from
Magnolia Park to Baptist Church of
the Covenant

7:00 p.m. Community AIDS
Interfaith Memorial Service at
Baptist Church of the Covenant
(corner of University Blvd. and 22nd
Street South)

Working together



☒ **Volunteer Opportunities at the UAB 1917 Clinic** include serving as a Clinic Host one afternoon per week. Call Kelly Colpitts for more information, 975-9126.

☒ **Birmingham AIDS Outreach** has several needs for their Holiday Gift boxes. Volunteers are needed on December 2, 16, 18, and/or 19. Food, clothing, and money is also needed. Call Judy Bridgers, 879-0365 for more information.

☒ **AIDS Task Force of AL** needs beds, chairs, couches, and household items for transitional housing. Call Dawn Falkner, 781-6448.

When People Care

by Violet Hatch

It is wonderful to have a loving, caring church family. We learn more about this when a tragedy comes into our lives. We have had an experience like this. Our only son passed away this year. He was in his thirties. His death was a result of HIV/AIDS.

I try to put myself in the place of those who are scared because they don't know anything about HIV/AIDS. I would probably be scared too had I not studied everything I could get my hands on about this disease. Being in close contact with my son and caring for him every day toward the end, I never once thought that I may become infected, because I know it is not passed on through casual contact. I am ready and willing to help someone else if the opportunity arises. I volunteer at the local AIDS Outreach office.

Our Christian friends were so understanding and caring. They came with food, kind words, and lots

of love. Our son was a church organist and pianist. He is sadly missed by those who loved him and his music, in spite of the fact that he had AIDS.

God is healing us through the love and prayers of our Christian friends. My prayer is that we may be able to educate people about prevention as well as how to give tender loving care to those who are in need. I pray that a cure will be found soon.

Violet Hatch lives in Duncanville, AL.

Surfin' the Web

The AIDS Education and Ministry Project is planning to be on the Internet (World Wide Web) in '96 with our own Web Page. Do you have interest in helping us develop and maintain a first class site? Email us at Malcolm@byrd1917.his.uab or call if you can help.

This month's Favorite Web sites for HIV/AIDS information include: *Computerized AIDS Ministries* <http://hwbbbs.gbgm-umc.org> *CDC National AIDS Clearinghouse* <http://cdcnac.aspensys.com:86/>

Is your Care Team receiving the RRR?

Send the names, addresses, and phone numbers of everyone on your Care Team and we'll send the Red Ribbon Reflections to them free! Do you know someone else in AL who would be interested in receiving it, let us hear from you!

Communication

(cont. from page 1)

calling the AIDS Education and Ministry Project for suggestions; and encouraging the Friend to have other resources like a "buddy" offered by some AIDS Service Organizations, or a "respite sitter service" from a home health care agency, or a BAO AmeriCorps member.

The commitment of the team is to the best they can do within their own time, commitments, and skill level. *An important reality for any team and Friend is to recognize that all persons have limits of what can be done.*

Accountability

As the Friend and Members of the Team get to know one another, it is common for a Friend to mention a need to a Member in general conversation, instead of asking the Leader. If the Member is able to meet the need, he or she is free to do this but should always report this contact to the Leader hopefully beforehand, or as soon afterwards as possible (and make a record of it on his/her contact sheet to be turned in at the monthly meeting).

Reporting contacts to the Care Team Leader helps the team coordinate care and is also the best way to avoid burnout by Care Team Members.

Contact Record Sheets

Care Team Leaders are encouraged to make Contact Record Sheets for members to be turned in during the monthly meeting. The sheet includes the name of the team member (not the Friend), and 5 columns that include the following information about all attempted and completed contacts: Date, Type of Contact (in-person, phone, written), Initiated by, Length of Contact, and Notes about the Contact.

Supporting the AIDS Education and Ministry Project

Your tax-deductible contribution helps with: *Red Ribbon Reflections*, AIDS Care Team training and support, purchase of resources for our loaning library, and administrative costs of the Project. Thank you for your help.

Make checks payable to:

UAB 1917 Clinic, for The AIDS Ed. & Ministry Project. Mail to Malcolm Marler, UAB 1917 Clinic, 908 S. 20th Street, Birmingham, AL 35294-2050.

AIDS Chaplains at UAB 1917 Clinic share experiences

Reflections from the frontlines

by Joe Elmore

A Book to Brian,
so she can be there in his future...

A book to share a mother's heart,
to name a mother's dreams,
to express a mother's love
for her son...

A Book for Brian,
so she can be there as his mother
when she's no longer physically there...

The writer of the book has AIDS...
and her hope is to maximize the time
for living and writing for her son...

But, the demands of a fourteen
month-old baby leave little time or
energy for writing...

She needs help--persons who will care
for her and for Brian,
to give her time to rest,
and to put on paper her heart,
her dreams,
her love
for her son.

Two men...
One affirms his life-changing
encounter
with a person in his last days with
AIDS...
how in the listening, touching, and
caring,
he has been moved by profound
mystery...

The other questions,
"How did he get it?"

The questioner cares about law, guilt,
and judgment.

The affirmer cares about a man...

Are you a sign to us, young friend?
A sign of our destiny?

Is our future,
and that of the whole human family,
determined by our attitudes toward
you,
and how we will treat
your orphaned children?

by Malcolm Marler

The Night AIDS Came to the WMU

No street lights shone in this part of rural Alabama where I recently spoke one evening. The event was sponsored by the Woman's Missionary Union (WMU), a mission arm of most Southern Baptist churches.

Basic information about HIV/AIDS was shared. A young man told his powerful, personal story of what it is like to live with HIV, and the people were challenged to respond in a compassionate, loving way. And then it happened.

The *leader* of the WMU, a single mom, stood and thanked everyone for coming and said, "There is something I want to share with you. This subject is near to my heart. You see, I am HIV positive, and so is my little boy."

And now that congregation knows what is true for every congregation in Alabama. We too, have a church member or relative with AIDS. Thank God now one more feels safe enough to tell others.



Red Ribbon Reflections

UAB 1917 Clinic
908 South 20th Street
Birmingham, AL 35294-2050

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BIRMINGHAM, AL

The 1917 Clinic is also one of 28 federally funded AIDS Clinical Trials Group sites. The AIDS Vaccine Evaluation Unit, The 1917 Dental Clinic, and The Women's HIV Clinic are also located in the same facility.

The Dixon Foundation The Dixon Foundation provides training and continuing education to increase the ability of those who have dedicated their lives to helping others. The generosity of The Dixon Foundation helped begin The AIDS Education and Ministry Project.

The AIDS Education & Ministry Project The AIDS Education and Ministry Project is an outreach effort by the UAB 1917 Clinic and the Dixon Foundation to teach individuals and congregations how to make a difference in the AIDS epidemic through compassion, education, and ministry development. The project is directed by Rev. Malcolm Marler, D. Min. In addition to ACT, other programs include:

GRACE

(Giving & Receiving AIDS Compassionate Education)

Offered every Friday morning at the UAB 1917 Clinic, this two-hour program serves as a first step for individuals in the community to learn about HIV/AIDS. The **GRACE** program also travels to other locations.

AIDS Ministry Resource Library

A comprehensive HIV/AIDS library of books, newsletters, journals, magazines, video, and audio resources to educate congregations about HIV and ministry opportunities. Curriculum materials that are appropriate for church school or Sunday School are available from several denominations.

Resources are loaned at no charge.

Red Ribbon Reflections

A newsletter written to encourage communication among churches/synagogues and AIDS organizations regarding AIDS education and ministry.

"APPROXIMATELY 1 OUT OF EVERY 250 PERSONS IN THE UNITED STATES IS INFECTED WITH HIV, THE VIRUS THAT CAUSES AIDS."

-CENTERS FOR DISEASE
CONTROL AND PREVENTION, 1/5/95



UAB THE UNIVERSITY OF
ALABAMA AT BIRMINGHAM

THE 1917 CLINIC, 908 SOUTH 20TH STREET, BIRMINGHAM, AL 35294-2050
PHONE 205-934-1917, FAX 205-975-6448

PS-11973



AIDS CARE TEAMS

AN OPPORTUNITY TO
GIVE AND RECEIVE
UNCONDITIONAL
LOVE AND SUPPORT

UAB
1917 CLINIC
BIRMINGHAM, AL

Making a difference through a team approach!

What Is An AIDS Care Team?

Many people living with AIDS have strong support from family and friends. Even so, additional help is usually needed, both for the person who is sick and for those who are the primary caregivers. There are many others who experience separation from loved ones, due to fear and/or rejection, leaving them isolated and needing significant help. In each case, the AIDS Care Team has proven to be an effective response of caring and service.

An AIDS Care Team (ACT) is a group of 12 or more persons who provide unconditional, compassionate care for people with HIV/AIDS and their loved ones. The team becomes an "extended family" who offers social, emotional, physical, and non-proselytizing spiritual support.

Services Provided

The actual work of a Care Team is determined by the needs of the client and the capabilities and commitments of team members. Services may include, but not be limited to: friendship, transportation to the doctor, meal preparation, household chores, shopping, sitting with the patient to give a loved one needed rest, phone calls, notes, etc. Teams offer their services free of charge.

Eligible Recipients

Anyone living with HIV or AIDS, or who is a primary caregiver, is eligible to receive a Care Team, regardless of age, race, or faith background. In areas where no Care Team exists, efforts will be made to encourage the formation of a team. The goal of the AIDS Education and Ministry Project is to assist in the development of teams throughout Alabama.

Who Can Serve On An ACT?

All who are willing to offer unconditional love and support to persons affected by HIV/AIDS, be committed to a team concept, receive training, and attend a monthly support meeting, are invited to be ACT members.

Care Teams have normally formed within churches and synagogues, but may come from other settings. Individuals may be placed on existing teams or brought together with others to form a new team.

Time Commitment

Each team member determines when and how much time he or she can offer. Some persons may offer a few hours per week, others a few hours per month. The type of care offered is also determined by the skill and comfort level of each participant.

Training Available

Training for Care Team members is offered the second Saturday of each month (additional times will be set for Jewish congregations to avoid Sabbath conflicts) from 9-4 p.m. Professionals, and people affected by HIV/AIDS, give their time to provide training in the following areas:

An Overview of Community AIDS Resources;
Understanding the Basics of HIV/AIDS; Hearing the Personal Stories of People Affected; Psychological, Spiritual, and Social Issues; Managing Grief and Loss; Diversity Training—A Look at Stereotypes and Prejudices;

plus a variety of other specialty groups from which to choose. Call the UAB 1917 Clinic at the number below for the location of the next training event.

The First Step

If you would like to be a Care Team recipient, make a referral, or serve on a Care Team, call Joe Elmore or Malcolm Marler, at 205-934-1917.

Steps To ACT Formation

The following steps are suggestions for creating a Care Team.

1. Attend **GRACE** on Friday mornings from 9-11 at the 1917 Clinic.
2. Invite a speaker to talk about HIV/AIDS ministry in a sermon, worship service, or other educational setting.
3. Gather interested persons (12 or more) and host an informational meeting.
4. Participate in a training event.
5. Commission the team.
6. Receive assignment from the Coordinator of the AIDS Care Team Project.
7. Meet monthly as a team to coordinate ministry, support one another, and offer continuing education on needed topics.

The UAB 1917 Clinic

The UAB 1917 Clinic was founded by its present clinical director, Dr. Michael Saag, in January 1988. A multidisciplinary staff addresses the physical, emotional, and spiritual needs of patients and family members.

GRACE on the Road With the goal of extending this work of education and ministry, the GRACE program is available to be scheduled throughout the state. Or, our staff will help churches, synagogues, and other organizations develop their own programs.

The UAB 1917 Clinic The UAB 1917 Clinic was founded by its clinical director, Dr. Michael Saag, in January 1988.

A team of physicians, nursing specialists, social workers, psychologists, pharmacists, lab technicians, and chaplains address the physical, emotional, and spiritual needs of patients, family members, and friends. Over 1,000 active HIV/AIDS patients are presently served.

On the research front, the Clinic is a hub for the 100-plus researchers at UAB who are working exclusively on HIV related issues. The 1917 Clinic is also one of 28 federally funded AIDS Clinical Trials Group sites. The AIDS Vaccine Evaluation Unit, the 1917 Dental Clinic, and the Women's HIV Clinic are also located in the same facility.

The Dixon Foundation The Dixon Foundation has a long history of commitment to education and training of persons involved in serving through both church and community agencies. The AIDS Education and Ministry Project is but one of the examples of the Foundation's generosity.

"APPROXIMATELY 1 OUT OF EVERY 250 PERSONS IN THE UNITED STATES IS INFECTED WITH HIV, THE VIRUS THAT CAUSES AIDS."

—CENTERS FOR DISEASE CONTROL AND PREVENTION, 1/5/95



The AIDS Education and Ministry Project

The purpose of the AIDS Education and Ministry Project is to encourage and enable individuals, congregations, and other community groups to become involved in programs of education which provide accurate information on the AIDS epidemic, and serve to prevent the spread of the virus. In addition, the Project seeks to enlist, train, and provide ongoing supervision of volunteers for compassionate and practical service to persons affected by HIV/AIDS. The Project is directed by Malcolm Marler.

In addition to GRACE, other programs include:

AIDS Care Teams

A group of 12 or more persons provide unconditional, compassionate care for people with HIV/AIDS and their loved ones. The team becomes an "extended family" who offers social, emotional, physical, and non-proselytizing spiritual support. Joe Elmore is coordinator.

AIDS Ministry Resource Library

A comprehensive HIV/AIDS library of books, newsletters, journals, magazines, video and audio resources to educate congregations about HIV and ministry opportunities. Resources are loaned at no charge.

Red Ribbon Reflections

A newsletter written to encourage communication among churches/synagogues and AIDS organizations regarding AIDS education and ministry.



GIVING & RECEIVING AIDS COMPASSIONATE EDUCATION

AN OPPORTUNITY
FOR PEOPLE OF FAITH
TO LEARN ABOUT
HIV & AIDS,
AND HOW YOU
CAN MAKE
A DIFFERENCE.

UAB THE UNIVERSITY OF
ALABAMA AT BIRMINGHAM

THE 1917 CLINIC, 908 SOUTH 20TH STREET, BIRMINGHAM, AL 35294-2050
PHONE 205-934-1917, FAX 205-975-6448

PS-11974

UAB
1917 CLINIC
BIRMINGHAM, AL

A prayer of thanksgiving. A power granted by God. A gift granted by one who need not do so.

What is GRACE?

GRACE is an educational opportunity for clergy and lay persons in Alabama to learn about HIV infection and AIDS at one of the leading treatment and research clinics in the United States. The goal of the program is to encourage participants to become involved in preventive education, and to respond with compassion through creative ministry.

The format of the program each week includes:

- 1) Introducing participants to the latest information about HIV/AIDS from our medical team;
- 2) Personalizing the disease by hearing from one of our patients and/or family members;
- 3) Presenting a variety of individual and congregational responses that can make a significant difference in the fight against the AIDS epidemic.

Pastors, priests, rabbis, congregational staff members, denominational leaders, and lay persons from the community are welcome. There is no charge.

When does it meet?

The program is repeated every Friday from 9:00-11:00 A.M. at the UAB 1917 Clinic, 908 South 20th Street (Community Care Building, corner of 9th Avenue and 20th Street South). Group size is limited. Parking is available in the rear of the building.

Reservations are requested. Please call Malcolm Marler, Chaplain, at 934-1917.

What is AIDS?

Acquired Immune Deficiency Syndrome

AIDS is caused by a virus called HIV, which stands for human immunodeficiency virus. When someone becomes infected with HIV, the virus attacks the person's immune system (the system that defends the body from illness).

People infected with HIV may look and feel healthy for a long time. In fact, it may take 10 years or longer for people with HIV to develop AIDS. You cannot tell by looking at someone if he or she is HIV positive.

A person develops AIDS when his or her immune system becomes so damaged that it can no longer fight off diseases and infections. These diseases can include pneumonia, cancers, and other illnesses.

How is HIV spread?

The three most common ways in which HIV is spread are:

- Having unprotected sex with someone who is infected with HIV;
- Blood to blood contact — Sharing needles or syringes with someone who is infected with HIV;
- From an infected mother to her baby during pregnancy or childbirth.

**DIVINE LOVE BESTOWED FREELY
UPON HUMANKIND. A DISPOSITION
TO BE GENEROUS OR HELPFUL.
RESPITE, MERCY, A REPRIEVE.**

How is HIV NOT spread?

**Unlike some viruses, HIV/AIDS is not
spread through casual contact.**

Examples of ways in which HIV is NOT spread are:

- Worshipping with a person who has HIV/AIDS;
- Sharing communion with a person who has HIV/AIDS;
- Sharing a meal with a person who has HIV/AIDS;
- Playing in the nursery with a child who has HIV/AIDS;
- Touching, shaking hands, hugging, or kissing a person with HIV/AIDS;
- Using the same restrooms, phones, or drinking fountains as someone with HIV/AIDS;
- Visiting the home or hospital room of a person with HIV/AIDS;
- Drying the tears of someone with HIV/AIDS.



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GRACE

Giving & Receiving AIDS Compassionate Education

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The AIDS Education and Ministry Project

The AIDS Education and Ministry Project is an outreach effort by the UAB 1917 Clinic to teach individuals and congregations how to make a difference in the AIDS epidemic through compassion, preventive education, and creative ministry. The Project serves as a training and resource center for congregations, both clergy and lay persons, throughout Alabama.

Our Story

Michael S. Saag, M.D., is the founder (1988) and director of the UAB 1917 Clinic and was the first to have a vision for a HIV/AIDS community education program targeting the religious community. He spoke to a Rotary Club meeting in the late spring of 1993 and challenged his audience to respond with HIV preventive education. Ed Dixon was in the audience and called Dr. Saag the following week. Mr. Dixon is a businessman in Birmingham who heads The Dixon Foundation, with a history of supporting continuing education for clergy. And so a Jewish physician and a Methodist layman convinced a state university hospital system to hire a Baptist to develop an AIDS interfaith outreach program. It was a promising start!

Dr. Saag hired Malcolm Marler, a Baptist pastor/educator/pastoral counselor as the new chaplain of the 1917 Clinic beginning March 7, 1994. The AIDS Education and Ministry Project was born soon thereafter.

When GRACE came to Birmingham

Marler visited clergy in the community during his first few months to learn about their attitudes and understanding of HIV disease. He also spent time listening to the isolation and fear of patients and families in the clinic. On one of his visits to clergy, Malcolm was asked, "Do you think I could visit the 1917 Clinic sometime and learn more about this disease and meet a few patients?" Marler wondered if other persons might be interested in the same experience. A new program began to take shape.

GRACE (*Giving & Receiving AIDS Compassionate Education*) began on June 3rd, 1994. The program is designed to be a first step for clergy and lay people to learn about HIV/AIDS and how one can make a difference in the epidemic. GRACE now meets from 9-11 every Friday morning at the UAB 1917 Clinic and is accessible to persons in the community as they become interested. Almost 500 persons attended in the first year as a result of numerous personal invitations and follow up phone calls. A database of all interested persons was carefully maintained. The program has three components:

- 1) *Facts* about HIV/AIDS from a medical team member, and time for questions;
- 2) *Faces* in the crowd, personalize the disease by hearing from a person living with HIV and/or family members; and
- 3) *A Faith Response*, a variety of individual and congregational responses are discussed that can make a significant difference in the fight against the AIDS epidemic.

AIDS Care Teams Emerged

As persons attended GRACE, many expressed interested in getting more involved in AIDS education and ministry development. Joe Elmore, a Methodist minister, joined the staff on a part-time basis to coordinate the development of AIDS Care Teams (ACT). An ACT is a group of 12 or more persons who provide unconditional, compassionate care for persons with HIV/AIDS and their loved ones. The team becomes an "extended family" and offers practical, emotional, and spiritual support. A monthly training event on the second Saturday with other AIDS agencies and clinics began in January '95 for Care Teams and volunteers. Almost one new Care Team per week begins now in the state of Alabama.

A communication tool was developed

Red Ribbon Reflections is a newsletter published every other month by The AIDS Education and Ministry Project to encourage communication among congregations of all faiths and AIDS organizations. The newsletter includes: updates for AIDS Care Teams, volunteer training opportunities, personal stories of persons affected by HIV disease, ministry resources, and the latest AIDS information.

A resource center was founded

A comprehensive HIV/AIDS library of books, newsletters, journals, magazines, and audio/video resources to educate congregations about HIV and ministry opportunities is located at the UAB 1917 Clinic. Curriculum materials that are appropriate for all age groups are available to educate children, youth, and adults about HIV disease from a faith perspective. Resources are loaned at no charge. An annotated bibliography for AIDS Education is available by contacting The Project.

Looking ahead

GRACE in its second year has begun to expand and target not only the religious community, but also persons from: local universities, medical settings, business community, counselors in school systems, civic groups, and patients and families. Additional coordinators also serve in the following areas: Invitation Callers, Next Step Callers, Invitation Database, General Publicity, Multi-Media, Refreshments, Financial support, Materials support, and Speaker coordination.

Train the trainers program will begin in 1996 in quarterly training sessions. The purpose of these all day sessions will be to teach leaders from other parts of the state and southeast how to develop GRACE and AIDS Care Team programs in their communities.

Preventive Educational Programs that target parents in congregations will be a major focus beginning in 1996 along with reaching African American congregations in Alabama.

HIV/AIDS Current Trends

(Centers for Disease Control and Prevention)

State and National Statistics

- ◆ One out of every 250 Americans is now infected with HIV, the virus that causes AIDS.
- ◆ AIDS is now the most common cause of death among young adults, ages 25-44, in the U.S. In Alabama, HIV/AIDS is the 3rd leading cause of death in the same age group (#2 in Jefferson and Mobile counties).
- ◆ Heterosexual women in childbearing years are now the fastest growing group of new HIV/AIDS cases. Teenagers are second.
- ◆ HIV is an "equal opportunity disease" that affects all races, all ages, all faith groups, and all sexual orientations.

World AIDS Statistics

- ◆ Every 7 minutes someone dies of AIDS.
- ◆ Every 24 hours, 8,000 new persons become infected.
- ◆ 75% of the persons who are HIV positive were infected through heterosexual activity.
- ◆ By the end of this decade, ten million children will be AIDS orphans.

I. What is HIV?

Human Immunodeficiency Virus.

- A. The virus attacks a person's immune system (the system that defends the body from illness.)
- B. The average time between infection and the development of AIDS is 10 years or more. However, the person can spread the virus from the time of infection.
- C. A person develops AIDS when his or her immune system becomes so damaged that it can no longer fight off diseases and infections. These diseases can include cancers, pneumonia, blindness, and several others. Wasting, rapid weight loss, is also common.
- D. Official diagnosis of AIDS is made when a person's T-Cell count is below 200 or he or she develops an opportunistic infection.

II. How is HIV spread?

**The three most common ways HIV is spread are:*

- A. Having unprotected sex with a partner who is HIV infected.
- B. Blood to blood contact, like sharing needles with someone who is infected with HIV.

- C. From an infected mother to her baby during pregnancy or childbirth, and rarely through breast feeding.

*Approximately 25% of the babies born to HIV mothers become infected themselves (75% do not), and recent clinical trials have reduced this to 8% if mother and baby are given AZT.

*Prior to 1985, many persons were infected through blood transfusions. It is very rare to be infected through a blood transfusion in the 90's, approximately a 1 in 225,000 chance according to the American Red Cross. The reason a few persons are still infected is due to the "window period of 6-12 weeks" following infection when the tests we now have are not as reliable (see section IV and V).

You cannot get HIV by giving blood.

III. How is HIV NOT spread?

Unlike some viruses, HIV/AIDS is not spread through casual contact. Examples of ways that HIV is not spread are:

- A. Worshipping with or sitting next to a person who has HIV/AIDS.
- B. Sharing communion or drinking from the same glass with a person who has HIV/AIDS.
- C. Sharing a pot luck dinner or eating in a restaurant with a person who has HIV/AIDS (regardless of who prepared it.)
- D. Touching, shaking hands, hugging, or kissing a person with HIV/AIDS.
- E. Using the same restrooms, phones, or drinking fountains as someone with HIV/AIDS. Also, insect bites, including mosquitos, cannot transmit the disease.
- F. Playing in the nursery with a child who has HIV (or a child biting another child, and there has never been a documented case of HIV being spread through saliva, or from toddler to toddler).
- G. Visiting the home or hospital room of a person with HIV/AIDS.
- H. Drying the tears of someone with HIV/AIDS.
- I. Being baptized in/with the same water or swimming in the same water.

IV. Testing for HIV

- A. *The ELISA blood test is the antibody test for HIV and is used to screen all donated blood in the United States.*

Antibodies are produced in the body when it is invaded by a disease agent such as HIV. If you have antibodies to HIV, it means that you have been infected with HIV at some time in the past.

- B. *If a person tests positive, he or she should always be retested with an additional test called the Western blot.*

These two tests are 99.9% accurate as long as the person has not been at risk in the last 6-12 weeks. Counseling should always be available before and after the test. The "window period" is important to understand. A HIV test tells you whether or not you've been infected for 3 months or longer. This is why a national mandatory test would be ineffective unless we are willing to test everyone in 3 month intervals, which would be cost prohibitive.

- C. *Where can one be tested?*

The two best places to be tested are the Health Department in your county or by your private physician. No identification is required at the Health Department. HIV testing records are protected by law with your physician or the Health Department.

In Birmingham, the Jefferson County Health Department, 930-1175, is located on the corner of 14th Street and 6th Avenue South, across from Cooper Green Hospital. The Health Department is free and no appointment is necessary. Your private physician's fee will vary.

- D. *Who should be tested?*

You may be at risk for HIV and should be tested if you:

1. Share needles and syringes;
2. Had unprotected sex with anyone who injects drugs since early 80's;
3. Had unprotected sex with someone who has had unprotected sex with others since early 80's;
4. Have received transfusions or blood components before 1985;
5. Have received blood clotting factors prior to 1985.

V. Understanding the progression of HIV infection

- A. *Will all persons with HIV infection eventually develop AIDS and die?*

At the present time, it is believed that everyone with HIV will eventually develop AIDS, but this process can take 10 years or more. We have many patients at the UAB 1917 Clinic who are well past this average time who are living with good quality. It is important to emphasize "living with HIV" as opposed to dying, because a sense of hope is so critical to a person's health.

- B. *What are some of the factors that affect how long a person can live with HIV?*

Early intervention with medications has been proven to significantly affect the length and quality of life for a person living with HIV. Many medicines such as AZT, ddC, ddI, d4t, and 3TC can limit progression of the disease for a period of time. New medications are constantly being developed. Nutrition and exercise, the amount of

social and spiritual support a person has, and a sense of purpose and meaning in one's life are also believed to have an impact on one's health.

C. *What is a CD4, or T-cell count, and why is it important?*

A T-cell count is a measure of the number of helper cells that fight off diseases that enter the body. The T-cell count for a healthy individual can range from 800 to 1,500. A person has an official diagnosis of AIDS when this count drops below 200. HIV hinders and usually destroys the immune system, eventually causing the body to be unable to fight off other diseases. The dropping of a T-cell count is not always a steady drop. Certain medicines can actually improve a person's T-cell count even after it has dropped significantly.

Process of HIV Progression

800-1,500 (T-cell count) "6-12 wk. window"		600	200>
		AIDS	
Time of infection	HIV Positive no symptoms	possible symptoms	opportunistic infections

average = 10 years between infection and symptoms, or an AIDS diagnosis

(AIDS diagnosis is made when: 1. T-Cells drop below 200; or 2. Opportunistic infection occurs)

NOTE: Every person is different. The T-cell count does not decline in a straight line. It can vary depending on medication, exposure to other infections, etc. Persons who are HIV infected can transmit the virus from the time of infection.

VI. Emotional Stresses of HIV/AIDS

The most difficult part of HIV disease is the fear of stigma, judgment, and rejection from loved ones. The ultimate fear of suffering and dying alone is present. While there are many stories of persons being rejected by friends, family, businesses, and congregations, these stories do not represent the majority of the actual responses given when persons tell others. But, the potential of a negative response keeps many persons from taking the risk and therefore they do end up carrying this burden alone.

Persons living with HIV who are the most open with their HIV status are the ones who get the most support. Both infected and affected persons (all of us) have certain responsibilities. Persons who are HIV⁺ need to tell their story, one by one, to the persons they trust the most. They need to find out who will be supportive of them both now and later on.

Persons who are affected (all others) need to take action through providing informal and

formal education about HIV for others, developing ways to reach out to people in the community who have disclosed their HIV status. This can be done by volunteering through AIDS Service Organizations, or by developing ministries sponsored by congregations.

- A. Grief--Multiple Losses
- B. Anger towards self, others, God
- C. Fear of death, rejection, stigma
- D. Guilt regarding mode of transmission, or placed on them by others
- E. Shame placed by society
- F. Stigma, that their disease is unique and worse than other diseases
- G. Secrecy regarding HIV status makes the burden heavier
- H. Life-Threatening illness
- I. Disruptions of family and extended family
- J. Doesn't fit expected life cycle

VII. Needs of Persons Affected or Infected by HIV

- A. Acceptance, not judgment
- B. Compassion, not pity
- C. Contact, not isolation
- D. To be seen as a person, not as an "AIDS patient"
- E. To laugh; a sense of humor is vital to health
- F. To be reassured that others will stand by them no matter what

VIII. Many have the disease of AFRAIDS (A Fear Regarding AIDS)

Two groups have this disease, those who are afraid of getting infected by HIV, and those who are already infected.

Some are afraid they will become HIV infected, therefore respond with silence or judgment.

- A. Based on myth, misinformation, fear, prejudice, and judgment of others.
- B. Unlike AIDS, AFRAIDS is casually transmitted by many persons in congregations. Much more prevalent than HIV.
- C. Thrives on closed minds and hearts, an unwillingness to learn new information.
- D. Results in a faith that excludes others and misses an opportunity for ministry.

Others are afraid of rejection when they tell others they are HIV infected, therefore suffer in silence.

- A. Based on the main two messages they have heard from the church regarding HIV disease--judgment or silence.
- B. Become paralyzed with the fear that when they need their emotional and spiritual support the most, they will be alone. So they carry the suffering of a terminal illness

deep within their soul.

- C. Afraid they will lose their job, insurance, and their home. Afraid their children will be turned away by their friends and school, even if the children themselves are not infected.
- D. Results in having to live a lie each day, making up more and more reasons why they are sick. Many persons choose to tell others they have cancer so they can get support. Intense isolation.

VIII. What Can Congregations Do To Make A Difference in the AIDS Epidemic?

A. Build bridges of compassion

We need to take the initiative and express compassion for persons who are affected by HIV through our public and private prayers, sermons, and conversations with others. We need leaders (both clergy and lay) who are willing to step forward and lead the way.

"Whatever our role, as parents or educators or policy makers, we must act as eloquently as we speak—else we have no integrity."

-- Mary Fisher, a mom who is HIV positive

1. *Steps Toward Compassion, being clear what we believe:*

- a. God is love. God's love and grace is offered to all persons as an unconditional gift. This grace is radical and inclusive of all persons.
- b. We are all God's children, special and unique creations.
- c. If we have received this love and grace as a gift, our responsibility is to share it with others as freely as we have received it. We are called to love others unconditionally.
- d. Our job description as people of faith does not include judgment. It is God's job to judge, not ours. Make a conscious decision to drop the stones of judgment from your hands. As one person in our clinic said, *"I wish people in my church would quit asking how I got HIV and start asking what they can do to help."*
- e. Respond to God's call to care for the sick and suffering and the most isolated

persons in our society, persons who are affected by HIV or AIDS.

2. *We must take the initiative, even before we find out about someone in our congregation being affected.* Most persons affected assume that a congregation will reject them if they have heard negative comments from the pulpit, or if they have heard nothing at all. Build a bridge to persons who are affected by HIV or AIDS.
 - a. Mention persons in your public and private prayers who are suffering with HIV/AIDS and their families.
 - b. Develop an AIDS policy (copies of different church policies are available). Other churches have placed a note at the bottom of worship bulletins indicating desire to reach out to all persons who are hurting, including illnesses such as cancer and AIDS, and asking persons to call the church office to alert them to the fact.
 - c. If you do know of someone affected directly, ask them to sit with you in worship.

B. Preventive Education

If we took all of the information we now know, and could get people to act upon that knowledge, we could virtually stop the spread of HIV. Even though we do not have a cure or vaccine yet, we do know how to prevent this disease. Will you help?

1. Form an AIDS Task Force in your church to educate persons in your church and community about HIV/AIDS. (Or work through an appropriate committee or group already in your congregation.)
2. Become familiar with available video, audio, and book resources on AIDS education ministry. See an annotated bibliography of these resources in the back of this handout or preview resources from your faith group and others in the AIDS Ministry Resource Center at the UAB 1917 Clinic.
3. Develop a plan to implement universal precautions (hand washing, etc.) in your congregation's nursery to prepare in advance for children with HIV and other diseases.
4. Tell others about GRACE! It's a good first step for many persons in the community.

5. Conduct HIV/AIDS education in congregational wide meetings, age group meetings like Sunday School classes, retreats, and other already established educational settings.
6. Education should be willing to tell the whole story to help prevent the spread of HIV which includes:
 - a. You will greatly reduce your risk for contracting HIV if you do not have sex and do not use drugs.
 - b. We need to teach abstinence from our faith perspective, and also need to teach why abstinence is a healthy choice both spiritually, physically, and emotionally. For instance, sexuality is a good gift from God that is best expressed in a covenant, committed relationship between two persons. We need to teach young persons how to talk about their beliefs and intentions before an intimate moment arises.

The United Methodist Church said it in this way in the 1988 Council of Bishops: *"Monogamous, sexual fidelity within the bond of holy matrimony is the standard behavior expected of United Methodists and recommended to all others as behavior that comes close to assuring the prevention of the spread of AIDS."*

We recognize that our ethical standard may not be subscribed to nor followed by all in the general population. For those who choose other than this standard, we beg that they heed the health warning of the medical community and world governmental leaders, including the Surgeon General of the United States of America who emphasizes:

'...you must protect your partner by always using a ...(condom) during (start to finish) sexual intercourse (vagina or rectum).''" Surgeon General's Report, page 17.

- c. We also need to be willing to love our young people enough to say: "I have taught you my own values and what I believe our faith teaches about sexuality. I also realize that you will be the one who has to ultimately make this decision. If you choose other than what I have taught you, I do not want that choice to be a fatal one for you. Therefore, I want to encourage you to reduce your risk of getting HIV by using a condom. You need to understand that a condom does not guarantee protection from HIV completely, for they are about 90-95% effective if used every time correctly from start to finish. I am not condoning this choice, but I also do not want you to die because of it either."

- d. We need to communicate with adults that if you do have sex, have a mutually committed, monogamous, life-long relationship with one partner where you both know you are not HIV infected (the only way to know is to be tested).
- e. And what about single adults? Many people delay marriage to their late 20's or much later. And what about persons who are divorced or widowed? What guidance are we giving them in the area of sexuality? Congregations obviously have to decide what they will teach based on their beliefs. The problem right now has more to do with congregations not giving any guidance in this area. Again, we can support life long relationships while also giving suggestions for those adults who are not in one.

"First, the only sure way to avoid the risk of sexual exposure to HIV is to have sex in a monogamous relationship with an uninfected partner or to abstain. Insertive sex with an infected partner or one of unknown serostatus (HIV status) is unsafe. If one engages in these unsafe practices, a latex condom should be used every time from start to finish. Doing so is a highly effective way to reduce the risk of sexual exposure to HIV. Instructions for proper condom use are contained in the FDA brochure Condoms and Sexually Transmitted...Especially AIDS, which is available through the National AIDS Hotline, (800) 342-AIDS." (JAMA, June 9, 1993,--Vol 269, No. 22)

The critical question is: "Are you willing to trust your life with this person?"

- f. We also need to teach persons if drugs are used, a clean needle should always be used to keep from getting HIV.

Persons who choose to use drugs and share syringes should always clean their works with chlorine bleach and water first.

These basic guidelines will greatly reduce, or stop people from getting HIV/AIDS in your congregation or community.

C. Congregational HIV/AIDS Ministries

Adapted from "Suggested Activities for Clergy, Lay Persons and/or Churches Developing AIDS Ministries" (prepared by Susan B. Button and Peggy R. Gaylord for the Wyoming Annual Conference) by Rev. Charles Carnahan, Executive for HIV/AIDS Ministries, Health and Welfare Ministries Program Department of the General Board of Global Ministries of the United Methodist Church.

* FOR INFORMATION AND RESOURCES write to HIV/AIDS Ministries Network, Health and Welfare Ministries Program Department, General Board of Global Ministries, Room 350, 475 Riverside Drive, New York, NY 10115. Call 212-870-3909; FAX 212-870-3873; or contact AIDS Education Project for Congregations, UAB 1917 Clinic, Malcolm Marler, 205-975-9129.

1. Offer studies about HIV/AIDS as part of the congregation's program:
 - Include a panel discussion consisting of person(s) who are HIV positive, a parent of a person living with HIV/AIDS (PLWA), and/or the primary care partner of someone with HIV;
 - Develop a series of special events;
 - Invite guest speakers/preachers who will provide accurate information and instill compassion;
 - Include adults, youth, and children in these events.
2. Announce local HIV/AIDS-related events, meetings, and worship/healing services:
 - In congregation's bulletins and newsletters,
 - In congregational worship services and other gatherings,
 - In the calendar of events of local newspapers,
 - On community bulletin boards,
 - On local radio and television community service programs,
 - On computer bulletin boards.
3. Encourage and lead your congregation in joining with other concerned congregations through resources offered by your faith group:
 - Become a Covenant to Care Congregation* and publicize that you welcome PLWAs and their loved ones in your congregation's life;
 - Ask to be added to the free mailing list of the UAB AIDS Project for Congregations;
 - Sign on to CAM (Computerized AIDS Ministries, see National Religious AIDS Resources under United Methodists)
 - Set one Sunday each year as "AIDS Awareness Sunday."*
4. Include HIV-related articles, news stories, and book reviews in your congregation's newsletter.
5. Involve congregation's school classes in a local HIV/AIDS project:
 - Sew quilt panels for persons who have died from HIV disease;
 - Volunteer with a local HIV/AIDS organization or service group;
 - Support HIV/AIDS education, research, and services locally and nationally;
 - Make quilts and other items to give to a local HIV/AIDS residence or day facility;
 - Provide buddies for buddy programs;
 - Invite PLWAs to participate in social, worship, and other activities.

6. Expand the congregation's library to include books, videos, and other resources on HIV/AIDS.
7. Display:
 - AIDS quilt panels
 - photo studies of The Names Project*
 - news items of related social justice concerns (rights to insurance, housing, et al.)
 - posters with local AIDS information, hot lines, safer sex messages, etc.
8. Obtain and show videos regularly (and repeat periodically) such as:
AIDS, A HEALING MINISTRY*
THREADS OF LOVE*
COMMON THREADS: STORIES FROM THE QUILT*
9. Invite a self-identified HIV-positive person to lead worship, preach, or sing at your congregation.
10. Take a HIV-positive person to lunch. Or take a care giver to lunch.
11. Develop healing services specifically targeted to PLWA.
12. Form an HIV/AIDS advisory group within your congregation to advise all segments of your family of faith on ways to be inclusive of PLWAs.
13. Provide space within your congregation for various support groups for persons impacted by HIV including: family members, persons infected, care givers, siblings.
14. Encourage your congregation to subscribe to and circulate magazines that help to address issues of diversity and inclusiveness which can help broaden the understanding of issues frequently associated with HIV/AIDS.
15. When appropriate, refer people to local HIV/AIDS organizations.
16. Find out about both secular and congregation-affiliated (other denominations or faiths) HIV/AIDS groups in the community.
17. Ask to be put on the mailing list of local AIDS agencies in order to stay abreast of what is going, on not only within your own community but the nation as well.
18. Talk with others who work with persons living with HIV to gain psychological support and resources on to how to handle specific situations and to share information.

19. Encourage the development of annual continuing education opportunities for laity and clergy within your annual conference, community, and local congregation.
20. Advocate for PLWA supportive legislation on the local, state and national levels.
21. Work with your local newspaper, encouraging it to cover what you are doing in ministry with PLWAs. Write letters to the editor concerning HIV/AIDS issues.
22. Encourage local media to carry more HIV/AIDS related items in their media.
23. Begin an AIDS Care Team in your congregation (contact Joe Elmore, 934-1917, for help).
24. Attend AIDS-related events (take confirmation classes or youth groups):
 - AIDS history and cultural events, plays, or documentaries,
 - Political speakers,
 - Fund raisers,
 - Human services conferences or workshops,
 - Religious and spiritual services, seminars, and retreats.
25. Develop a district and/or conference HIV/AIDS task force to support the work of local congregations.
26. Allow and encourage AIDS/HIV groups to meet in your church/synagogue; initiate the contact to welcome them.
27. Work for the passage of civil rights bills and positive legislation related to HIV/AIDS.
28. Work closely with your denomination's HIV/AIDS task force and use their to develop petitions to Annual and General Conference concerning needed HIV/AIDS legislation.
29. Form a prayer circle focused on healing concerns.
30. Add the concerns of PLWAs to the "prayers of the people" and the "corporate prayer" within your congregation's worship service.
31. Create within your congregation an environment of openness and support by:
 - Letting people know that you are open and will be supportive, that you are accessible.
 - Being available to listen to persons infected with and affected by HIV.
 - Being free from judgment, accepting unconditionally the individual as a loved child of God.
 - Find ways to give personal touch.

32. Know what is available in the way of curriculum and related materials available in your denomination and others.
33. Request and work to see that HIV/AIDS resources are available through your annual conference offices.
34. Work co-operatively with other community agencies whenever possible.
35. Participate in school and community efforts which impact comprehensive HIV/AIDS education, such as curriculum reviews.
36. At worship services and volunteer recognition days regularly recognize people who work with individuals affected by HIV/AIDS and/or organizations that work with PLWA.

A Commitment on HIV/AIDS by All People of Faith

We are members of different faith communities called by God to affirm a life of hope and healing in the midst of HIV/AIDS. The enormity of the pandemic itself has compelled us to join forces despite our differences of belief. Our traditions call us to embody and proclaim hope, and to celebrate life and healing in the midst of suffering.

AIDS is an affliction of the whole human family, a condition in which we all participate. It is a scandal that many people suffer and grieve in secret. We seek hope amidst the moral and medical tragedies of this epidemic in order to pass on hope for generations to come.

We recognize that there have been barriers among us based on religion, race, class, age, gender, and sexual orientation which have generated fear, persecution and even violence. We call upon all sectors of our society, particularly our faith communities, to adopt as highest priority the confrontation of racism, classicism, ageism, sexism, and homophobia.

As long as one member of the human family is afflicted, we all suffer. In that spirit, we declare our response to the AIDS pandemic.

1. **We are called to love.** God does not punish with sickness or disease, but is present together with us as the source of our strength, courage and hope. The God of our understanding is, in fact, greater than AIDS.
2. **We are called to compassionate care.** We must assure that all who are affected by the pandemic [regardless of age, race, gender, nationality or sexual orientation] will have access to compassionate, non-judgmental care, respect, support and assistance.
3. **We are called to witness and do justice.** We are committed to transform public attitudes and policies, supporting the enforcement of all local and federal laws to protect the civil liberties of all persons with AIDS and other disabilities. We further commit to speak publicly about AIDS prevention and compassion for all people.
4. **We promote prevention.** Within the context of our respective faiths, we encourage accurate and comprehensive information for the public regarding HIV transmission and means of prevention. We vow to develop comprehensive AIDS prevention programs for our youths and adults.
5. **We acknowledge that we are a global community.** While the scourge of AIDS is devastating to the United States, it is much greater in magnitude in other parts of the world community. We recognize our responsibility to encourage AIDS education and prevention policies, especially in the global religious programs we support.

6. **We deplore the sins of intolerance and bigotry.** AIDS is not a "gay" disease. It affects men, women and children of all races. We reject the intolerance and bigotry that has caused many to deflect their energy, blame the victims and become preoccupied with the issues of sexuality, worthiness, class status, or chemical dependency.
7. **We challenge our society.** Because economic disparity and poverty are major contributing factors in the AIDS pandemic and barriers to prevention and treatment, we call upon all sectors of society to seek ways of eliminating poverty in a commitment to a future of hope and security.
8. **We are committed to action.** We will seek ways, individually and within our faith communities, to respond to the needs around us.

This statement was drafted by the Council of National Religious AIDS Networks meeting in Washington, DC in May, 1994.

Volunteer Opportunities in Birmingham HIV/AIDS

(Please check with your local AIDS Service Organization for needs outside of Birmingham.)

AEMP=AIDS Education &Ministry Project,
AIM=Jefferson County AIDS in Minorities,
ATFA=AIDS Task Force of Alabama,
BAO = Birmingham AIDS Outreach,

CAS=Children's Aid Society,
FC=Family Clinic Children's Hospital HIV
Clinic,
St. George's Clinic=Cooper Green Hosp.
HIV Clinic, UAB 1917 Clinic=AIDS
Outpatient Clinic,

Type of Activity	Brief Description	Contact Person, Phone
AIDS Walk Organization Team	Serve on Team in planning the annual AIDS Walk in October.	Madge Noland (BAO) 322-4197
AIDS Resource Center	Host media center at UAB 1917 Clinic for patients/families one afternoon per week, M-Th.	Malcolm Marler (AEMP) 975-9129
AIDS Care Team	Offer unconditional care on a team that includes practical, emotional, social, and spiritual support.	Joe Elmore (AEMP) 975-9129

Type of Activity	Brief Description	Contact Person, Phone
Buddy Program	One-on-one emotional support and serve as a resource person.	Madge Noland (BAO) 322-4197
Client Escort	Accompany a client to appointments or errands who cannot go alone.	Alecia Nowachek (ATFA) 592-2437
Clinic Host	Assist patients and families in the waiting room of the 1917 Clinic, good listeners and outgoing persons needed.	Malcolm Marler (1917 Clinic) 934-1917.
Clothes Closet Coordinator	Organize and coordinate a clothes closet for persons living with HIV, Tu-Th. 1-4, at (BAO) or Fridays, at AIM. Can work on one day only.	Martha Furio or Sally Baker (BAO) 322-4197. Or Tony Morris or Keith Handley (AIM) 917-3786 or 323-7949.
Donate food, clothes, or medical equipment	Recruit individual donations or involve a congregation or other community group to participate.	Martha Furio or Sally Baker (BAO) 322-4197.
Donate money for emergency assistance	Money will be used for food, medicine, transportation, rent assistance for persons in critical need administered by a social worker.	Jeff Vickers (BAO) 322-4197. Lyn McDurmott (UAB 1917) 934-1917. Tony Morris (AIM) 917-3786. Alecia Nowachek (ATFA) 592-2437.
Education Speakers	Become an HIV/AIDS educator and speak to schools, congregations, other settings.	Brad Haynes, Red Cross, 322-5661, or Malcolm Marler (AEMP) 975-9129.
Family Pair	Be a friend to and offer emotional support to a child whose parent who has HIV.	Family Pairs Worker (CAS) 251-7148.
Food Bank Coordinator	Organize and coordinate a food bank for persons living with HIV.	Martha Furio or Sally Baker (BAO) 322-4197, or Keith Handley (AIM) 323-7949.

Type of Activity	Brief Description	Contact Person, Phone
GRACE Support Team	Team helps spread the word about this weekly AIDS Education program that targets the community. Ask for a list of the 20 small job opportunities.	Malcolm Marler (AEMP) 975-9129.
Help with Gospel Concert	An annual fund raising event for AIDS in Minorities.	Tony Morris or Keith Handley (AIM) 917-3786 or 323-7949.
Holiday Gift Boxes	Assemble and sort food boxes, wrap boxes, and deliver during November and December.	Madge Noland (BAO) 323-4197.
Moving Furniture	Pick up donated furniture, appliances, and medical equipment for persons living with HIV.	Alicia Nowachek (ATFA) 592-2437.
Office Support	Duties could include receptionist, file clerk, typist, faxing, data entry, etc.	Madge Noland (BAO) 323-4197, Malcolm Marler (AEMP) 975-9129, K. Petteway (AIM) 323-7949.
Second Saturday Training Support Team	Help us on the Second Saturday of each month run the Volunteer Training Program. Numerous opportunities. Three shifts, 7:30-10:30, 10:30-1:30, 1:30-4:30.	Madge Noland (BAO) 323-4197, Malcolm Marler (AEMP) 975-9129.
Transportation	Provide ride to doctor's appointments, other necessary errands for persons living with HIV.	Robert Dorsett (BAO) 322-4197, Julie Hultdtquist (FC) 939-4000, Tony Morris (AIM) 323-7949, Lyn McDurmont (UAB 1917) 934-1917, or Ann Atkinson (SGC) 930-1175.

Type of Activity	Brief Description	Contact Person, Phone
Walk in the AIDS Walk on October 22nd	Get a sign up sheet, walk as an individual or as a team and raise money for AIDS Service Organizations in Birmingham.	Lisa Holoway (BAO) 325-4411 at work or 951-5665 at home.
Yard Work	Cut grass, trim, at AGAPE House and/or Parkview Place.	Alicia Nowachek (ATFA) 592-2437.
Van Drivers	One morning or afternoon per week for persons living with HIV.	Alicia Nowachek (ATFA) 592-2437.

The AIDS Care Team Model

- Gathering . . .** Bringing together those who want to offer practical, emotional, and/or spiritual support for persons living with HIV/AIDS and their loved ones.
- Training . . .** Giving team members the knowledge and skills to begin serving as effective caregivers. Second Saturday of every month, 8:30-4:30 p.m.
- Commissioning . . .** The congregation, or other sponsoring group, offers affirmation and recognition for the work of the team as it begins.
- Assigning . . .** Connecting the team, social worker, and a Care Team Friend (person living with HIV) with attention to the needs of the Friend and the abilities and availability of the team.
- Caring . . .** The team relates in caring, supportive, helpful ways.
- Supporting . . .** Monthly supervision meeting for support and continuing education.

Principles and Commitments of Team Members

1. Building a relationship/friendship with the Care Team Friend (CTF) is the primary focus of members. This relationship is compassionate, non-judging, and marked by confidentiality. Confidentiality means that the CTF's name, or other identifying information, is not shared with anyone outside of the team without the permission of the CTF.
2. The Care Team's activities are guided by the requests of the CTF and the ability of the team to respond to those needs at a specific time. Requests for assistance is channeled through the Care Team Leader who will in turn delegate to various team members to meet the need.
3. Team members are to avoid direct financial support to the Care Team Friend or family.
4. Team members are to understand and follow "universal precautions" in all contacts.
5. Team members commit to the team concept by attending a monthly meeting (1-1½ hours) for the purpose of team coordination, personal support, and continuing education.

Frequently Asked Questions about AIDS Care Teams

WHAT IS AN AIDS CARE TEAM? Volunteers organized and trained to provide a secondary support system for persons living with HIV/AIDS and their primary care givers.

WHO CAN FORM A TEAM? Persons from religious congregations, civic groups, businesses, and other organizations. Also, individuals can join together to become a team.

HOW MANY PEOPLE ARE NEEDED? Twelve to fifteen persons, although smaller or larger numbers can make effective teams.

WHAT IS THE LENGTH OF COMMITMENT? Each team can decide its own recommended commitment for individuals working on the team. In reference to the Care Team Friend (the person assigned to the team), the commitment is an indefinite one. Unusual circumstances could call for a change in assignment, but the plan is that the linkage of team and Friend is for as long as it is needed or wanted by the Friend.

WHAT TRAINING IS AVAILABLE? Community AIDS Education and Volunteer Training is held on the second Saturday of each month, 8:30-4:30 p.m. Basic AIDS information, psychological and social needs of persons affected, personal stories, grief and loss, identifying stereotypes and prejudices, and an orientation session on care teams is offered. Additional training opportunities may be scheduled to meet the needs of a specific team. Also, each team is encouraged to incorporate continuing education into its regular meetings.

WHAT KIND OF SERVICE DOES A TEAM GIVE? The kind of care offered is what friends generally offer to friends, tailored to the particular needs of the persons being served. This caring may include light housekeeping, errands, shopping, transportation, meals, social outings, assistance with paperwork, and respite for caregivers.

HOW ARE ASSIGNMENTS MADE? Referrals usually come from social workers and other health care professionals to the AIDS Education and Ministry Project's Care Team Coordinator, who visits in the home to personally assess the need. A decision is made regarding the most appropriate and available team, and a "linkage meeting" is held, involving the coordinator, team leader, and the Care Team Friend and his/her caregivers.

WHAT IS THE ROLE OF THE CARE TEAM LEADER? The leader coordinates the work of the team, both in its service to the Care Team Friend and in planning the regular meetings of the team. The leader seeks to ensure that all team members are actively involved.

WHAT SUPPORT IS AVAILABLE TO THE TEAM? A support group for care team leaders

and members meets in the afternoon of each second Saturday volunteer training event. In addition, the Program Coordinator is available to resource ongoing training, and to connect the team leader with the social worker and other professionals who are related to the Care Team Friend. Also, the team is to be a self-contained support system for its members.

HOW OFTEN DOES THE TEAM MEET AND WHAT'S THE AGENDA? The team meets monthly to plan the specifics of caring in the weeks that follow, and to train and offer other support to its members.

WHAT ABOUT EVANGELISM? (FOR TEAMS FROM RELIGIOUS CONGREGATIONS) The care team is committed to non-judging, non-proselytizing caring. If the Care Team Friend initiates discussion of spiritual matters, team members may, of course, respond with their own experience while respecting the views of the Friend.

SINCE HIV HAS BEEN SPREAD THROUGH IV-DRUG USE, AND VARIOUS SEXUAL BEHAVIOR, WHAT IS TO BE THE ATTITUDE OF THE TEAM TOWARD THESE ISSUES? Team members may hold a variety of opinions about drug use, as well as homosexual and heterosexual behavior. However, the work of the team is to be marked by compassion, understanding, and acceptance of persons. Team members relate to the Care Team Friend with caring, not judgment. (It is never appropriate to ask, "How did you become infected?")

IS THERE A PLACE ON THE TEAM FOR PERSONS WHO AREN'T ABLE TO HAVE ANY HANDS-ON CONTACT WITH THE CARE TEAM FRIEND? Yes. Members may perform such tasks as preparing food, running errands, and making phone calls.

WHAT HAPPENS IF THE NEEDS OF THE CARE TEAM FRIEND BECOME GREATER THAN THE TEAM IS ABLE TO MEET? Being a secondary support system, the care team can do only what it is able and willing to do. Where support is needed beyond what the primary care givers and the team are able to give, the Care Team Coordinator may be able to assign an additional team to provide assistance.

DO TEAMS EVER SERVE MORE THAN ONE CARE TEAM FRIEND? Yes, when the number of team members make it possible. In this case, a team may function in sub-groups.

WHAT ABOUT THE ISSUE OF CONFIDENTIALITY? It is imperative that all information learned regarding any Care Team Friend, family member, and care givers remain confidential within the team. Only if clear instruction by a Care Team Friend has been given that certain information may be shared are team members free to do so. This means that names, addresses, and other personal matters are not to be discussed with anyone.

IS THE TEAM TO GIVE MONEY TO THE CARE TEAM FRIEND, OR BUY FOOD, PAY UTILITY BILLS, ETC.? It is the policy of the Care Team Program that teams are to have no direct financial involvement of any kind. The team may explore what assistance is available from community agencies.

HOW DOES THE TEAM STAY ALERT TO BURNOUT? Issues of fatigue, grief, and other emotional struggles are to have a primary place on the agenda of team meetings. Team members can support one another by encouraging "time away" when needed. Then, on the death of a Care Team Friend, the team should adequately deal with its grief before receiving another assignment.

AIDS Care Team Contact Record Sheet

Confidential

Your Name: _____

All contacts and attempted contacts can be reported on this form.

Please turn this form in to your Care Team Leader at your monthly meeting.

Date and Time	Type of Contact (practical, emotional, or spiritual support)	Length of Contact (time)	Notes about Contact

HIV/AIDS Related Support Groups (Birmingham area)

Participants	Day/Time	Sponsoring Organization(s)	Contact Person
<i>African American Men who are HIV⁺</i>	Every Sunday, 4:30-6:30 p.m.	Jefferson County AIDS in Minorities	Tony Morris, 934-7936 or 323-7949
<i>Parents, Family Members, Loved Ones of HIV⁺ persons, or have had death of a loved one</i>	Every Monday, 6:30-8 p.m.	Birmingham AIDS Outreach, 322-4197	Katherine Weed, 934-3474
<i>HIV⁺ Women with Children</i>	Every Tuesday, 9:30-11:00 a.m.	A Baby's Place of Alabama, Inc. Family and Child Services, 324-3411	Carol White, 324-3411, Call Glenda Hollis at 939-1514 if transportation is needed.
<i>Healthy HIV⁺ Individuals (called "Let's Live")</i>	Every Tuesday, 5:30-7:00 p.m.	Grayson & Associates, 939-0017 All calls answered by HIV ⁺ individuals	George C. James, Ph.D. 939-0017
<i>African American Persons who are HIV⁺</i>	Every Tuesday, 2-3:30 p.m.	St. George's Clinic and Jefferson County AIDS in Minorities, Ann Atkinson, social worker , 930-3282	Tony Morris, 323-7949 or 934-7936
<i>Anyone who has lost a loved one or friend to HIV/AIDS (called New Hope)</i>	Last Wednesday, 5:30 p.m.	UAB 1917 Clinic 908 South 20th Street	Malcolm Marler, or Lyn McDurmont 934-1917
<i>Open educational group (called Positive Attitudes) for anyone, education and discussion program</i>	Last Wednesday of month, 6:30-8 p.m. (light meal at 6:30, call Alesia Adams, 934-2281, if group of 5 or more coming)	Birmingham AIDS Outreach, 322-4197	Alesia Adams, 934-2281

Participants	Day/Time	Sponsoring Organization(s)	Contact Person
<i>Any Persons who are HIV⁺</i>	Every Wednesday, 6:30-8 p.m. (on the last Wednesday of month, see Positive Attitudes, above)	Birmingham AIDS Outreach, 322-4197	Alesia Adams, 934-2281
<i>Family Members and Significant Others of persons who are HIV⁺, but are not HIV⁺ themselves.</i>	Thursdays	Jefferson County AIDS In Minorities, 323-7949	Tony Morris, 323-7949 or 934-7936
<i>Any Persons who are HIV⁺ (A therapy group, interpersonal issues)</i>	Every other Thursday, 5-6:30 p.m.		Dr. Joan Burns or Dr. Jeff Dolce 879-7953
<i>Persons who are HIV⁺</i>	Every Friday, 2:00 p.m.	UAB 1917 Clinic	Wes Akins, 934-1917 Suhas Joshi, MD, 975-7462
<i>Women of Color who are HIV⁺</i>	Every Saturday, 10:00 a.m.	AIDS Support Awareness Program	Binnie Myles, 620-4464
<i>Women of Color who are HIV⁺</i>	Every Saturday, 11:00 -12:30 a.m.	Jefferson County AIDS In Minorities, 323-7949	Priscillia Reynolds, 323-7949

HIV/AIDS Related Support Groups (throughout the state)

Participants	Day/Time	Sponsoring Organization(s)	Contact Person
Anniston <i>Persons who are HIV⁺, family, and significant others</i>	Tuesdays, 10:30 a.m.	AIDS Services Center	Facilitator is Gayle Wood, call AIDS Services Center for more info., 235-2437

Participants	Day/Time	Sponsoring Organization(s)	Contact Person
Chilton, Shelby, Bibb Counties <i>Persons who are HIV⁺, Family Members, Significant Others</i>	Every Thursday, 7:00 p.m.	Shelby Emergency Assistance	Mary Dorsey, 665-1942
Gadsden <i>Persons who are HIV⁺, family, and significant others</i>	Mondays, 7 p.m.	Episcopal Church of the Resurrection	Floyd Morell, 546-4465
Huntsville <i>Positive People--Persons who are HIV⁺</i>	Every Tuesday, 7:00pm	AIDS Action Coalition	Sandra Moon, 533-2437
Huntsville <i>Family Members of Persons who are HIV⁺</i>	Sundays, 1:30 p.m.	AIDS Action Coalition	Sandra Moon, 533-2437
Mobile <i>Persons who are HIV⁺</i>	Every Tuesday, 6 p.m.	Mobile AIDS Support Services 107 North Ann Street	Fred Conrad and Cindy Heine co-faciliators, Call MASS for info., 433-6277
Mobile <i>Persons who are HIV⁺, family, friends, significant others</i>	1st and 3rd Thursday, 6 p.m.	Mobile AIDS Support Services 107 North Ann Street	Charles Prosser and Regina Hardin, co-facilitators, Call MA for info., 433-6277
Montgomery <i>Persons who are HIV⁺, or spouse or partner only</i>	2nd Thursday, 6 p.m.	Montgomery AIDS Outreach 364 South Ripley Street	Call Montgomery AIDS Outrec at 269-1432

Participants	Day/Time	Sponsoring Organization(s)	Contact Person
Montgomery <i>Anyone affected by HIV or Persons who are HIV⁺</i>	3rd Thursday, 6 p.m.	Montgomery AIDS Outreach 364 South Ripley Street	Call Montgomery AIDS Outreac at 269-1432
Montgomery <i>Persons who are HIV⁺ only</i>	4th Thursday, 6 p.m.	Montgomery AIDS Outreach 364 South Ripley Street	Call Montgomery AIDS Outreac at 269-1432
Montgomery <i>Parents and Siblings of Persons who are HIV⁺</i>	1st Wednesday, 6 p.m.	Montgomery AIDS Outreach 364 South Ripley Street	Call Montgomery AIDS Outreac at 269-1432
Tuscaloosa <i>Loved ones and Significant Others of Persons who are HIV⁺</i>	Every Tuesday, 5:30 p.m.	West Alabama AIDS Outreach, 1-800-722-2437 Tuscaloosa	Dr. Bev Thorn, 348-5000 (leave name and number)

* If you know of another support group related to HIV/AIDS (or would like to change any information), please call Malcolm Marler, AIDS Chaplain, 975-9129, so that we can share this list with congregations and all AIDS organizations. Fax # is 975-6448.

Local AIDS Ministry Resources

Workshops

1. *Community AIDS Education and Volunteer Training.*

Held on the second Saturday of every month from 8:30-4:30 p.m. in 1995. This training certifies persons to be eligible to volunteer in any of the AIDS organizations in the greater Birmingham area. Call 975-9126 for more information or reservations. Also includes AIDS Care Team training.

Ongoing Programs

1. *AIDS Worship Services.*

We encourage congregations throughout Alabama to commit to having one Worship Service per year that focuses on AIDS ministry. Malcolm Marler and Joe Elmore are available as resources to assist in planning, assisting, or speaking, 205-934-1917. Congregations may choose their regular Saturday or Sunday services, or mid-week services for the special emphasis.

2. *Family Pairs.*

Maybe your family, or one in your congregation wants to make a real difference in the AIDS epidemic. The Children's AID Society and Birmingham AIDS Outreach have developed a wonderful project to address the growing needs of children whose parents are HIV positive. The program is called the *Family Pairs Program*, and it was developed to provide a support network for families as the parent becomes less able to care for the children. The goal of the program is to keep families together as long as possible. It is estimated by the year 2000 over 80,000 children and adolescents will be orphaned.

A Family Pair can be a family, individual or relative who is paired with an HIV affected family. Each Family Pair is screened and trained to provide varying degrees of support to the HIV affected family. Support can include: friendship services, providing transportation, providing respite foster care services, or temporary foster care. In some cases, the pair may become an adoptive resource for the child.

For more information, call 251-7148 and ask to speak with the Family Pairs worker. Services are free and confidential.

3. *Facts of Life Line* (24 hours a day) Birmingham -- 322-3228

Huntsville -- 536-3228

Mobile -- 476-3228

A telephone information service that covers a variety of topics, including over 25 on HIV/AIDS related topics. Callers with a touch tone phone can hear any of the recorded messages below. Just call the number in your area and follow instructions on the recorded message. Sponsored by Planned Parenthood of Alabama, 1211 27th Place South, Birmingham, AL 35205, (205) 322-2121. Excellent information.

HIV/AIDS Topic Numbers

201	What is HIV/AIDS	226	AZT and other treatments for HIV/AIDS
202	Is there a cure for HIV/AIDS?		
203	How can you get HIV/AIDS?	227	Resources for persons with HIV/AIDS
204	Ways you can't get HIV/AIDS		
205	Who can get HIV/AIDS: Are you at risk?	228	Caring for someone with HIV/AIDS
206	How widespread is HIV/AIDS?	229	HIV/AIDS and the workplace
207	HIV/AIDS and heterosexuals		
208	HIV/AIDS and the drug user		
209	How do you properly clean IV drug needles?		
210	HIV/AIDS, women and pregnancy		
211	HIV/AIDS and our blood supply		
212	HIV/AIDS answers for teens		
213	HIV/AIDS and children		
214	HIV/AIDS and safer sex		
215	How to use a condom		
216	The HIV Antibody Test		
217	How soon does the HIV antibody show up on tests?		
218	Can you tell if someone has the AIDS virus?		
219	What are the symptoms of HIV/AIDS?		
220	Should you be tested for the AIDS virus?		
221	What can you be tested for the AIDS virus?		
222	If you have a negative HIV test		
224	If you have a positive HIV test		
225	HIV/AIDS legal issues		

AIDS Organizations and Medical Facilities

A comprehensive directory of Alabama HIV/AIDS Education and Service Programs is available through Alabama Department of Public Health, Bureau of Preventive Health Services, 434 Monroe Street, Montgomery, Alabama 36130-3017. Or you can call 205-471-7322.

1. *A Baby's Place of Alabama, Inc.*

PO Box 590025

Birmingham, AL 35259-0025

Phone: (205) 939-1514

Fax: (205) 933-2555

Staff: Glenda Hollis, Director, Cheryl Bañez, Education, Katie Cook, Family Assistance, Joe Elmore, Chaplain.

Mission: To serve as a statewide AIDS service organization that serves children from birth to 13 years infected/affected by HIV/AIDS.

Services to families: Provides medications and medical supplies, food, formula, vitamins, clothing, linens, diapers, baby-care items, and furnishings; respite and "Mothers Day Out" program that offer relief to primary caregivers; financial assistance for shelter, funerals, other basic needs; transportation to and from medical appointments; emotional support in the clinic by phone and visitations; social support groups and family-centered gatherings; bedside attendance in the hospital.

In-house foster care: a nurturing home environment, permanent long term placement for HIV+ infants abandoned in hospitals, orphaned by parent's deaths; short-term care while parents are sick or hospitalized; high level of individualized care; in-home hospice care for children; ongoing supportive relationships with family of origin, or new foster families.

Education programs: recruitment and educational programs for foster parents statewide; direct care training and nutritional counseling for families and caregivers; educational materials for Children's Hospital of Alabama specialty clinics, schools, churches, and businesses; training workshops for churches, day care workers, college students, community professionals, and volunteers.

2. *AIDS Education and Ministry Project*

UAB 1917 Clinic

908 South 20th Street

Birmingham, AL 35294-2050

(205) 975-9129

Fax (205) 975-6448

Email address: Malcolm@byrd1917.his.uab.his or Joe@byrd1917.his.uab.his

Staff: Malcolm Marler, Director, Joe Elmore, Coordinator of AIDS Care Teams.

Mission: An outreach effort by the UAB 1917 Clinic and the Dixon Foundation to teach individuals and congregations how to make a difference in the AIDS epidemic through compassion, education, and ministry development.

Services: *GRACE* (Giving and Receiving AIDS Compassionate Education) meets each Friday at the 1917 Clinic from 9-11 a.m. The program gives basic AIDS information, a person living with HIV tells his or her story of what it is like for him/her, and a discussion around how individuals and the faith community can get more involved. *GRACE* can also be scheduled at other times, and can travel to various locations. *AIDS Care Teams* is a group of 12 or more persons who provide unconditional, compassionate care for people with HIV/AIDS and their loved ones. *AIDS Ministry Resource Library* is a comprehensive HIV/AIDS resource center of books, newsletters, journals, magazines, video, and audio resources to assist congregations and people of faith about HIV disease and ministry. *Red Ribbon Reflections* is a every other month free newsletter to encourage communication among the faith community and AIDS organizations regarding education and ministry development. *Speaker's Bureau* sponsors speakers for congregations to reflect on AIDS education and ministry from a faith perspective.

3. ***AIDS Task Force of Alabama (ATFA)***

2112 Avenue H

Ensley, AL 35218

Phone: (205) 781-6448

AIDS Helpline: (205) 786-5448 or 1-800-592-2437

Fax: (205)788-4643

Staff: Randall Russell, Executive Director, Dawn Falkner, Volunteer Coordinator, Mary Schwartz and Gretchen Jones, Jesuit Volunteers, Wanda Boswell, Housing Assistant Coordinator, Alica Nowachek, Intake/AGAPE Coordinator, Pat Noling, Housing Coordinator, Amy Chauvin, Financial Director.

Mission: A non-profit community based organization dedicated to HIV/AIDS prevention and housing for People with AIDS.

Services: Provides an AIDS Helpline; Administers a post-test education project for the State Health Department for persons who have tested HIV positive; Administers a grant from the state's Special Education Trust Fund which supports ten community based organizations across the state which provide HIV/AIDS education; Operates Parkview Place, an emergency shelter for adult persons living with AIDS who otherwise would be homeless; Operates AGAPE House, an 18 apartment complex for persons with AIDS; Provides rental assistance and housing information networks for the state via the Housing Opportunities for People with AIDS; Provides technical assistance in housing,

organization management, fundraising, and grant writing for AIDS related work; and serves as an advocate for persons and groups impacted by HIV/AIDS.

Office hours: 8:00-5:00 p.m.

4. ***American Red Cross (Birmingham Area Chapter)***

2225 3rd Avenue North

Birmingham, AL 35202-4403

Phone: Brad Haynes, 322-5661, AIDS Education Coordinator.

Hours of Operation: 8:00-5:00 p.m.

Services include: AIDS Basic Education Facts (statistics); AIDS Education in the Workplace; AIDS Public Information Center and Library; AIDS Public Education Speakers Bureau (includes Youth Educators; AIDS Prevention Program for Youth.

Videos available include: For adults--*Reasons to Care: The Many Faces of HIV, America at Work: Living with HIV, The Los Altos Story, Mi Hermano* (Spanish). For teens--*A Letter from Brian, Don't Forget Sherry, A Conversation with Magic, HIV--Does Teen America Know the Facts?* For children--*Camp Itsamongus*. For caregivers--*Finding Our Way Together: People with AIDS & Their Caregivers*.

Free brochures for your congregation: *Your Job and AIDS; Women, Sex, and AIDS; Children, Parents, and AIDS; HIV Infection and AIDS; Testing for HIV Infection; Living with HIV Infection; Teenagers and AIDS; Giving and Receiving Blood; School Systems & AIDS; A Guide to Home Care for the Person with AIDS; Guia Para La Familia "Prevencion de HIV/SIDA" para la familia* (Spanish).

Instructional materials: HIV/AIDS Facilitators Training Manual, African American HIV/AIDS Facilitators Training Manual, Workplace Facilitators HIV/AIDS Training Manual, Don't Forget Sherry (student workbooks & teacher/leader guide), various other instructional materials.

Posters: You Can't Get AIDS, Respect Yourself-Protect Yourself, Don't Listen to Rumors About AIDS, Que les espera en el futuro? (Spanish), Red Cross is Helping, AIDS: See and Believe, AIDS: Set(s) of HIV/AIDS Instructional Posters.

5. ***Birmingham AIDS Outreach (BAO)***

PO Box 550070

Birmingham, AL 35255

Phone: (205) 322-4197

Fax: (205) 322-2131

Staff: Patricia Todd, Executive Director, Madge Noland, Coordinator of Education and Support Services, Sally Baker and Martha Furio, Social Workers, Katrina Kilgo, Receptionist, Jeff Vickers, Financial Coordinator, Terry Gannell, AmeriCorps Project Director, Cathy Connor, Nursing Coordinator AmeriCorps, Sam McDonald,

Administrative Services with AmeriCorps, Robert Dorsett, Social Services.

Mission statement: To improve the quality of life for people affected by HIV through direct services, advocacy, and education.

Goals: Provide direct services to those affected by HIV; Serve as an advocate for people affected by HIV; Reduce the further spread of HIV; Develop an adequate and diversified funding base; Monitor needs and gaps in service during the emerging crisis; and develop an accountable and responsible organization.

Location: 205 32nd Street South, Birmingham, AL 35222.

Hours of Operation: 9 a.m. to 5 p.m.

Services include: Emergency financial assistance, counseling, support groups, Positive Attitudes, buddy program, transportation, moving help, housing assistance, resource center (food, clothes, medical equipment), Park outreach, Bar outreach, helpline, speaker's bureau, library of books and videos, post test education, support groups.

6. *Family Clinic at the Children's Hospital of Alabama*

1600 7th Avenue South, CHT654

Birmingham, AL 35233

Phone: (205) 939-9400

Fax: (205) 934-8658

Staff: Dr. Marilyn Crain--Director, Julie Hultquist--Social Worker, Chris Turner--Nurse Coordinator, Linda Jones--Research Nurse, and Colleen Lenz--Research Nurse.

Services include: Medical care for all HIV-infected members of the family at a single clinic site; Counseling of HIV-infected pregnant women about risks of infection to their children; Comprehensive education of HIV and its complications; Patient/parent education about HIV transmission; Evaluate Medicaid eligibility of patients/families; Provide access to clinical drug studies for HIV-infected infants, children, adolescents, and pregnant; Provide public education about HIV infection in women, infants, children, adolescents, and their families; Works with other agencies to provide transportation, support, and other basic needs for their patients; Maintains comprehensive data bases for ongoing research.

7. *Jefferson County AIDS in Minorities (AIM)*

PO Box 1116

Birmingham, AL 35201-1116

Phone: (205) 323-7949

Fax: (205) 323-6976

Staff: Tony Morris, Executive Director, Albert Carson, and Priscilla Reynolds.

Mission: A non-profit community based organization, serving the people of Jefferson and surrounding counties, and the Greater Birmingham area.

Services: Support groups; Street Outreach (providing HIV education to persons who otherwise would not have access to traditional health care services); HIV/AIDS education to limestone Correctional Facility, Jefferson County Jail and Pearson Hall; HIV Post Test Education; Community Programs; Speakers Bureau; Visitation and Card Senders; Clothes Closet; and Food Bank.

8. ***St. George's Clinic at Cooper Green Hospital***

1515 6th Avenue South
Birmingham, AL 35233
Phone: (205) 930-3662

Staff: Dr. Jane Mobley--Physician, Ann Atkinson, Tangee Martin, and Peggy Traylor--Social Workers.

Mission statement: HIV/AIDS outpatient medical care for Jefferson County uninsured population.

Location: 1515 6th Avenue South, Birmingham.

Hours of Operation: Tuesday and Thursday Clinic, 8-5 p.m.

Services include: Comprehensive medical and social service support.

9. ***UAB 1917 Clinic***

908 South 20th Street
Birmingham, AL 35294-2050
Phone: (205) 934-1917
Fax: (205) 975-6448

Staff: Dr. Michael S. Saag--Director, Lyn McDurmont--Director of Social Services, Malcolm Marler--Chaplain, Carol Spain--Clinic Nurse Coordinator, Susan Duncan--Research Nurse Coordinator, and approximately 30 other professionals.

Services Include: The UAB 1917 Clinic was founded by its clinical director, Dr. Michael Saag, in January, 1988. The five basic goals of the outpatient clinic are:

1. Provision of care to HIV-infected patients;
2. Coordination of social service support and family counseling;
3. Conducting high quality research protocols in both the clinical science and basic science arenas;
4. Provision of education to health care providers;
5. Establishment of vital links with the patient community and general population through well-orchestrated outreach programs.

A team of physicians, nursing specialists, social workers, psychologists, pharmacists, lab technicians, and chaplains address the physical, emotional, and spiritual needs of patients, family members, and friends. Over 1,000 active HIV/AIDS patients are presently served.

The 1917 Clinic is actually 6 clinics in one:

- ✓ *Outpatient Treatment Clinic*
- ✓ *Research Clinic*--One of 28 federally funded AIDS Clinical Trials Group sites where the latest medicines are being tested with patients.
- ✓ *AIDS Vaccine Evaluation Unit* works on the first step in discovering an AIDS vaccine (1 of 6 in the U.S.).
- ✓ *HIV/AIDS Dental Clinic*
- ✓ *Women's HIV Clinic*
- ✓ *Oncology Clinic* for people living with HIV

10. UAB AIDS Center

University of Alabama at Birmingham

Birmingham, Alabama 35294-0005

Phone: (205) 934-3421

Fax: (205) 934-1640

Staff: Dr. Eric Hunter--Director, Peggy Reeves--Financial Officer, Tina Stone--Fiscal Assistant, Gwen Wilkins--Fiscal Assistant, Lisa Sandlin--Administrative Assistant, Lea Dawson--Receptionist, Susan Winn--Director's Administrative Assistant.

Services Include: The UAB AIDS Center is one of thirteen centers designated for AIDS research and treatment by the National Institute of Allergy and Infectious Diseases. The center represents a primary resource for both the medical and lay community regarding current treatment and new developments in AIDS and related diseases.

Basic Science The UAB AIDS Center houses more than 100 investigators in HIV and its associated diseases.

Clinical Services Care and treatment for adults infected with the AIDS virus are carried out in the UAB 1917 Clinic.

Vaccine Development The UAB AIDS Center houses several laboratories focused on the development of vaccines against HIV.

Drug Discovery Researchers located within the UAB AIDS Center have received international attention for their work on the development and assessment of new drugs to target HIV and associated opportunistic infections.

Clinical Trials There are a number of ongoing clinical trials for both pediatric and adult patients infected with the human immunodeficiency virus.

AIDS Related Phone Numbers

National AIDS Directory

CDC National AIDS Clearinghouse	1-800-458-5231
Hearing Impaired	1-800-234-7012
National AIDS Hotline	1-800-342-2437
TTY--Deaf Access	1-800-458-7889
National Clinical Trials Hotline	1-800-874-2572

National Religious AIDS Networks

AIDS National Interfaith Network	202-546-0807
Rev. Ken South, Executive Director	
110 Maryland Avenue, NE, Rm. 504, Washington, DC 20002	
African American	202-546-8587
Ms. Jacquelyn Wilkerson, AIDS Advocacy in African American Churches	
611 Pennsylvania Avenue, SE #359, Washington, DC 20003	
Christian Church	517-355-9324
Dr. Jon Lacey, AIDS Ministry Network--Christian Church	
PO Box 4188, East Lansing, MI 48826	
Episcopal	202-628-6628
Rev. Ted Karpf, National Episcopal AIDS Coalition	
2025 Pennsylvania Avenue, NW, #509, Washington, DC 20006-1813	
Interfaith	713-682-5995
Dr. Ron Sunderland or Dr. Earl Shelp, Foundation for Interfaith Research and Ministry	
701 North Post Oak Road, Houston, TX 77024 (one of the best AIDS Care	
Jewish	213-931-7023
Rabbi Marc Blumenthal, UAHC/CCAR AIDS Committee	
Temple Beth Chayim Chadashim, 6000 W. Pico Blvd., Los Angeles, CA 90035	
Lutheran	415-359-2710
Rev. Michael Pozar, Lutheran AIDS Network, Holy Cross Lutheran Church	
1165 Seville Drive, Pacifica, CA 94044	
Presbyterian	
Rev. Phil Jamison, Presbyterian AIDS Network	
RD 1 Box 112, Fredrickstown, PA 15333	412-377-0728
or Ms. Peg Atkins, Presbyterian AIDS Network	
747 N. Taylor Avenue, Kirkwood, MO 63122	314-822-3296
Roman Catholic	
Rev. Rodney J. DeMartini, SM, National Catholic AIDS Network	707-874-3031
PO Box 422984, San Francisco, CA 94142-2984	
Unitarian	617-742-2100
Ms. Lola Peters, UUA AIDS Resources Network	

25 Beacon Street, Boston, MA 02108-2800

United Church of Christ

Rev. Chuck Selner, United Church AIDS Network
 1218 W. Addison, Chicago, IL 60613 935-8300
 or Rev. Pat de Jong, United Church AIDS Network
 1st Cong. Church of Berkeley, 2345 Channing Way, Berkeley, CA 94704 ... 510-848-3696

United Fellowship of Metropolitan Community Churches 213-464-5100

Rev. A. Stephen Pieters, UFMCC AIDS Ministry
 5300 Santa Monica Blvd #304, Los Angeles, CA 90029

United Methodist Church 212-870-3909

Rev. Charles Carnahan, United Methodist AIDS Network
 475 Riverside Drive, Room 350, New York, NY 10115

Computerized AIDS Ministries (CAM) Resource Network 212-222-2135

CAM is a bulletin board service (BBS) that provides services that will help those engaged
 in HIV/AIDS ministries to interact with one another. Dial the above number through
 your personal computer and modem.

Appendix C
HIV/AIDS RESOURCES FOR PEOPLE OF FAITH
An annotated bibliography
December 1994
By Nancy A. Carter¹

INTRODUCTION

This focus paper updates and replaces Focus Paper #5, "AIDS Bibliography: Selected Resources for Church Educators." Future focus papers will include information about ordering a larger annotated bibliography and specialized bibliographies, such as HIV/AIDS resources in the Spanish language, children and teens, and African-American resources.

"HIV/AIDS RESOURCES FOR PEOPLE OF FAITH: AN ANNOTATED BIBLIOGRAPHY"
by Rev. Nancy Carter

- *Books and Curriculum Resources For Congregational Study*
- *Books that give a Biblical, Theological Basis for HIV/AIDS Ministries*
- *Books for Meditation and Planning Worship Services*
- *Books on Counseling, Social Work, Pastoral Care*
- *Books for or about Women and HIV/AIDS*
- *Video cassettes about HIV/AIDS*

THE SERVICE CENTER

United Methodists
Address: The Service Center, General Board of Global Ministries, 7820 Reading Road, Caller No. 1800, Cincinnati, OH 45222-1800. HIV/AIDS Ministries Network Focus Papers are a publication of the Health and Welfare Ministries Program Department, General Board of Global Ministries, The United Methodist Church, Room 350, 475 Riverside Drive, New York, NY 10115. Phone: 212-870-3909. FAX: 212-749-2641. Focus Papers, unless otherwise noted, may be quoted, reproduced and distributed with credit being given to Health and Welfare Ministries Program Department and the authors.

¹Some additions have been made to the original listings by Malcolm Marler, Director of AIDS Education and Ministry Project, UAB 1917 Clinic, 908 S. 20th St., Birmingham, AL 35294-2050. Phone 205-975-6448, Fax 205-975-6448.

THE HEALTH AND WELFARE MINISTRIES PROGRAM DEPARTMENT

*All resources available from Health and Welfare Ministries are marked by a double asterisk (**).*

Address: Health and Welfare Ministries Program Department, General Board of Global Ministries, The United Methodist Church, Room 350, 475 Riverside Drive, New York, NY 10115. Phone: 212-870-3871; Fax: 212-749-2641.

CAM: the Computerized AIDS Ministries Resources Network

Another good resource for materials is CAM, the Computerized AIDS Ministries Resource Network. CAM is a bulletin board service (BBS) that provides services that will help those engaged in HIV/AIDS ministries to interact with one another. CAM carries all of Health and Welfare Ministries' HIV/AIDS Focus Papers, HIV/AIDS related church resolutions and statements, worship materials, Centers for Disease Control (CDC) materials, *AIDS Treatment News* from the United States, *HIV Herald* from Australia, *CATIE* from Canada, AMFAR's current *Treatment Directory* and much more. You can access CAM through your personal computer and modem by dialing 1-212-222-2135. CAM is a project of the Health and Welfare Ministries Program Department of the General Board of Global Ministries of The United Methodist Church.

Books and curriculum resources for congregational study

AFFIRMING PERSONS--SAVING LIVES.

Affirming Persons-- Saving Lives is 1,000-page curriculum published by the United Church of Christ. It confronts the AIDS crisis in a context of "core Christian values: self-giving love, healthy self-esteem and respect for others." The curriculum has lesson plans for all ages with factual information appropriate for each age group. The package includes two videos: "Learning About AIDS" is a basic primer on HIV transmission and prevention; "... In the Day of Adversity" tells the stories of several people living with HIV or AIDS. *Affirming Persons--Saving Lives* can be used by any Christian church. Telephone: United Church of Christ AIDS Ministry Office, 216-736-3271. \$175.00 plus postage and handling for non-UCC churches and organizations; \$130 plus postage and handling for UCC churches and organizations.

AIDS: A Covenant to Care.* English or Spanish.

A statement to let it be known your church welcomes people with HIV/AIDS. It is free except for postage and handling and can be ordered in two sizes: bulletin inserts (English #5072, Spanish #5074) posters (English #5073, Spanish #5074).

Blumenfeld, Warren and Scott Alexander. ***AIDS and Your Religious Community: A Hands-on Guide for Local Programs.***

This book features 27 working models designed for anyone considering HIV/AIDS ministry. The cost is \$12.95 plus \$2.00 shipping and handling.

Address: UUA Bookstore, 25 Beacon St., Boston, MA 02108. Phone: 617-742-2100.

Christianity and Crisis (September 21, 1992), Vol. 52, No. 13.**

A special edition dedicated to issues surrounding HIV/AIDS. \$2.75 per copy.

A Covenant to Care Congregation Manual. (forthcoming in 1995; watch for an announcement in a future Focus Paper)*

This book contains basic information about the theological basis of Covenant to Care Congregations and examples of congregational ministries, Bible studies, basic HIV/AIDS information, United Methodist General Conference resolutions on HIV/AIDS, and program/lesson plans for a five-part series designed to prepare congregations to join the Covenant to Care program. \$5.95 per copy.

Deciding About Life's End: A United Methodist Resource Book About Advance Directives. New York: Health and Welfare Ministries, 1994.*

This book contains basic information about Advance Directives, theological and ethical reflections on death and dying (including the General Conference resolution), program material that can be used in a church study, sample copies of Advance Directives, a resource list, and a glossary. Order #2123; Price: \$4.95.

Enabling AIDS Ministries.* English or Spanish

A brochure stating the need for ministries with persons with HIV/AIDS and how churches can help. Order #5088 (English), #5092 (Spanish). Free except for postage and handling.

Fortunato, John E. ***AIDS: The Spiritual Dilemma.*** San Francisco: Harper & Row, 1987.

Author of *Embracing the Exile: Healing Journeys of Gay Christians*, Fortunato addresses the spiritual dilemma of PLWAs, who often are treated as society's "untouchables." He says that "AIDS affects each of us. No exceptions." He surveys the history of "disembodiment" in the church. He talks about pain and suffering. He says, "We must love each other through this...."

Harrwell, Don. ***Shadowboxing the Grim Reaper: Fifty Essays from the Front Lines of AIDS.***

Privately published, 1994.

An insightful and moving collection of essays about the AIDS epidemic and the many ways it changes the lives of those affected by HIV disease. Written by a long time survivor who died in July, 1994, this book is an excellent discussion book for people of faith to get practical advice on ministry to persons living with AIDS, and a personal view of what the struggle was like for one gifted, unique individual. Cost is \$10, make check payable to Jack Harwell, and order from Baptists Today, 403 West Ponce de Leon Ave., Suite 119, Decatur, Georgia, 30030-2445, Phone 404-377-6822, Fax 404-377-6045.

HIV/AIDS MINISTRIES NETWORK FOCUS PAPERS SERIES. **

Periodic papers published by the Health and Welfare Ministries Program Department. The papers are free from the department or can also be downloaded from CAM (Modem Number: 212-222-2135). You can request previous issues and to be added to the mailing list in order to receive future issues. Specify the focus paper number and theme.

Hoffman, Patricia. ***HIV/AIDS Ministry: A Practical Guide for Pastors***. New York: GBGM, 1993.*

An introduction to pastoral counseling/visitation with persons with HIV. Includes a valuable chapter, "Stories from the Epidemic," in which persons tell their own stories of how HIV has affected their lives, as persons who are HIV positive and as loved ones of those who are HIV positive. Another chapter explores "Ideas for Ministry." Also includes worship resources and an annotated bibliography. Order #1839; Price: \$5.95.

Hyde, James A. and Nancy Miller, editors. ***HIV/AIDS Ministry: Putting a Face on AIDS***. Atlanta: Cooperative Baptist Fellowship, 1994.

An easy-to-use, easy-to-reproduce resource for people of faith who want to be effectively engaged in HIV/AIDS ministry. The file folder format contains an annotated bibliography, teaching materials, chapter outlines, teaching plans, background material for each chapter, and overhead and handout materials ready for copying. \$5.00, plus shipping and handling. Address: AIDS Resources Materials, Cooperative Baptist Fellowship, PO Box 450329, Atlanta, GA 31145-0329.

Russell, Letty M., ed. ***The Church with AIDS: Renewal in the Midst of Crisis***. Louisville: Westminster/John Knox Press, 1990.

This book contains a collection of articles written by a National Council of Churches study group. It also contains study questions. Writers include Letty M. Russell, Beryl Ingram-Ward, Marjorie Suchochi, Robert J. Schreiter, Kittredge Cherry, and Katharine Dobb Sakenfeld. Designed for congregational use and study. Address: Cokesbury 201 Eighth Ave., South, PO Box 801, Nashville, TN 37202; Phone: 800-679-1789.

Pickens, Judy E. and Malcolm McKay. ***Partners in AIDS Response: A Resource Guide for***

Faith Communities and AIDS Programs.

In addition to six chapters covering critical aspects of building and sustaining successful church/agency partnerships, this 150-page guide provides 10 original lesson plans examining ethical, moral, and theological issues around the AIDS epidemic and outlining practical steps toward action, all within an ecumenical context. \$20 each (plus \$1.64 sales tax) prepaid in 8 1/2" x 11" soft cover, punched format. Address: Washington Association of Churches, 4759 15th Avenue NE, Seattle, WA 98105-4404; Phone: 206-525-1988.

Price, Reynolds. ***The Promise of Rest.*** New York: Scribner, 1995.

Price tells the story of a young man, Wade, who has worked for nine years as an architect in New York, and he now returns home to his father's house in Chapel Hill to die of AIDS. In this compassionately told account of Wade's dying, we enter his world of relationships, suffering, and family dynamics. Reading the book is a painful journey. Many issues are addressed, and no pat answers are offered. This is a story of compassion and grace, pain and anguish. *Promise of Rest* contains many insights into caring for the dying. Any popular bookstore carries this book.

Shelp, Earl and Ronald H. Sunderland. ***AIDS and the Church: The Second Decade.*** Revised and Enlarged. Louisville, KY: Westminster/John Knox Press, 1992.

One of the best-known basic resources on AIDS and the church. This book contains factual information about HIV/AIDS, an exploration of suffering, disease and healing in the Bible, perspectives on AIDS ministries and examples of ministry. Telephone: Cokesbury 800-679-1789.

Vergheze, Abraham. ***My Own Country: A Doctor's Story of a Town and Its People in the Age of AIDS.*** New York: Simon & Schuster, 1994.

A gripping account of caring for persons living with AIDS by a physician in Johnson City, Tennessee. One of the best descriptions of how this disease affects small towns and the families who live there. It is written in narrative style and demonstrates how lives are changed by those directly and indirectly affected. Cost is \$23 and is available in bookstores. Simon & Schuster, Rockefeller Center, 1230 Avenue of the Americas, New York, New York 10020.

Williams, Cecil. ***No Hiding Place: Empowerment and Recovery for Our Troubled Communities.*** San Francisco: Harper, 1990.

This book describes the support groups ministry model used by Glide Memorial United Methodist Church in San Francisco. Williams says: "The Twelve Steps focus on individual recovery, as if independently getting clean and sober were the ultimate goal. But African Americans are a communal people--we fight for our freedom together.... As long as blacks, women, and poor people remain anonymous, they remain invisible and unheard.... To us, anonymity feels like a place to hide. We believe there is no hiding place in recovery. We

must open up and stand together" (pp. 8-9). Includes information on the church's HIV/AIDS Ministry. Telephone: Cokesbury 800-679-1789.

Books that give a biblical, theological basis for HIV/AIDS ministries

Carter, Nancy A. and Leontine T. C. Kelly. *Jesus in the Gospel of Matthew: "Who Do You Say That I Am?"* New York: The Women's Division, 1993.*

Looks at the Gospel of Matthew and persons' response to Jesus' question from biblical times until today, describing contemporary contextual Christology in the last chapter. The concepts of God's Continuing Presence and Chapters III, "Along the Paths of Justice," and IV, "Wheat in the Fields; Bread on the Table," will be especially helpful for Covenant to Care churches. A study guide is included. Order #1853; price \$2.95.

Countryman, L. William. *Dirt, Greed & Sex: Sexual Ethics in the New Testament and Their Implications for Today*. Philadelphia: Fortress Press, 1988.

Countryman discusses purity codes and property rights in the Bible and shows how biblical writers and others then related their ethics concerning sex, women, and children to these codes. He speaks of the AIDS crisis in his final chapter, "New Testament Sexual Ethics and Today's World."

Kelsey, Morton T. *Healing and Christianity in Ancient Thought and Modern Times*. New York: Harper & Row, 1973.

Looks at healing, illness, disease in the Bible, pointing out different perspectives, and that Jesus did not go along with the idea of illness as God's judgment. The book is written from a holistic healing viewpoint.

Nouwin, Henri J.M. *Reaching Out: The Three Movements of the Spiritual Life*. New York: Doubleday & Co., 1975.

This book responds to the question: "What does it mean to live a life in the Spirit of Jesus Christ?" The three movements of the spiritual life are: "From Loneliness to Solitude," "From Hostility to Hospitality," "From Illusion to Prayer." Nouwin says, "When hostility is converted into hospitality then fearful strangers can become guests revealing to their hosts the promise they are carrying with them" (p. 47).

Overberg, Kenneth R., editor. *AIDS, Ethics & Religion: Embracing a World of Suffering*. Maryknoll, NY: Orbis Books, 1993.

Overberg has selected articles and essays from doctors and pastors, scientists and specialists, that explore these areas: Geography and AIDS: Suffering's Spread; Ethics and AIDS: Moral Issues; Society and AIDS: Responses and Strategies; and Religion and AIDS: Compassion and Care.

Open Hands: Resources for Ministries Affirming the Diversity of Human Sexuality.

Open Hands is published quarterly by the Reconciling Congregation Program, Inc. (United Methodist) in conjunction with the More Light Churches Network (Presbyterian), Open and Affirming (United Church of Christ), and Reconciling in Christ (Lutheran) Programs. *Open Hands* periodically has material specifically on HIV/AIDS ministry. See the Spring 1994 issue, "Reaching Out Boldly! Evangelism with a Welcoming Flavor." Subscription: \$16 a year. Address: *Open Hands*, 3801 N. Keeler Avenue, Chicago, IL 60641; Phone: 312-736-5526; Fax: 312-736-5475.

Russell, Letty M. ***Church in the Round: Feminist Interpretation of the Church.*** Louisville: Westminster/John Knox Press, 1993.

This book provides a vision of the inclusive church, with all members sharing equally and fully around a common table of hospitality. Russell speaks of "the table principle": "It looks for ways that God reaches out to include all those whom society and religion have declared outsiders and invites them to gather round God's table of hospitality."

Books for meditation and planning worship services

AIDS Ministry Program, the Archdiocese of St. Paul and Minneapolis. ***For Those We Love: A Spiritual Perspective on AIDS.*** Second Edition, Expanded. Cleveland, OH: Pilgrim Press, 1991.

Contains a variety of spiritual resources, including a section for journaling, personal stories from PLWAS and their loved ones, and information for caregivers and those dealing with bereavement. It is written from the perspective that AIDS is a disease, not a punishment; a physical and emotional challenge, not a judgment.

Alive Now! (January/February 1993) Special issue on "Spirituality for AIDS Ministries."

A collection of prayers, songs, meditations and other materials.

Arpin, Robert L. ***Wonderfully, Fearfully Made: Letters on Living with Hope, Teaching Understanding, and Ministering with Love, from a Gay Catholic Priest with AIDS.*** San Francisco: HarperSanFrancisco, 1993.

A collection of letters written from 1987 to 1990. He writes, "Tell [those with AIDS] that they are loved, not by God, but by you. Because the only hands God has to touch them with is your hands. And the only heart God has to love them with is your heart."

Brown, Patricia and Todd Masman. ***Meditation Resource for HIV/AIDS.****

Contains poems, stories, and meditations, many written by persons living with HIV/AIDS. It is designed to provide nurture, encouragement, and comfort. Order #1838; Price \$2.50.

Brown, Patricia and Adele K. Wilcox. ***Worship Resource for HIV & AIDS Ministries.**** English

or Spanish.

A 42-page booklet of prayers, litanies, benedictions, and other worship resources. Order #1683 (English), #1828 (Spanish); Price \$2.50.

Glaser, Chris. *Coming out to God: Prayers for Lesbians and Gay Men, their Families and Friends*. Louisville, KY: Westminster/John Knox Press, 1991.

A resource that has been found helpful by gay men with HIV.

Sandys, Sebastian. Editor. *Embracing the Mystery: Prayer Responses to AIDS*. Collegeville, MN: The Liturgical Press, 1992.

The book contains prayers, readings, and meditations that can be used by individuals and groups as they respond to the tragedy of HIV/AIDS. It is in four parts: "Why Have You Forsaken Me?", "And Who Is My Neighbor," "Dying, and Yet We Live," and "Love Is Strong as Death."

Thompkins, Floyd Jr. *By the Pool of Bethesda*. Pompano Beach, FL: Genesis 1:26, 1992.

A collection of Christian reflections on terminal illness based on sermons given by African-American clergyman Reverend Floyd Thompkins, Jr. This book offers spiritual comfort to all who read it. Thompkins' purpose is to show the need for a Christian message that can bring hope to those who have a terminal illness such as AIDS. Price: \$6.95. Address: Genesis 1:26, 1000 NE 26th Ave., Pompano Beach, FL 33062.

Tilleraas, Perry. *Circle of Hope: Our Stories of AIDS, Addiction and Recovery*. Center City, MN: Hazelden Foundation, 1988.

Telephone: Hazelden 800-328-9000.

Tilleraas, Perry. *The Color of Light: Daily Meditations for All of Us Living with AIDS*. San Francisco: Harper and Row, 1988.

A Hazelden Book which is very popular among many PLWAs.

Books on counseling, social work, pastoral care

AIDS Pastoral Care: An Introductory Guide.

A pocket-sized reference book that addresses AIDS pastoral care issues, including psychosocial, ethical and terminal illness issues as well as the dynamics of the caregiver/care-receiver relationship. \$7.95 plus shipping. Quantity discounts available. Telephone 715-689-2153; Fax 715-689-2277.

Dane, Barbara O. and Samuel O. Miller. *AIDS: Intervening with Hidden Grievers*. Westport, CT: Auburn House/Greenwood Publishing Group, 1992.

The second decade of AIDS will bring more deaths; therefore more individuals will need

bereavement counseling because of their losses to AIDS.... The book is written for anyone who counsels those who are bereaved. Guilt, cultural and religious values, and burnout are all topics that are covered in one or more of the chapters.

Dougherty, Anne and Jim Messina. *A Delicate Balance: The Professional Caregiver Faces AIDS*. Tampa, FL: Francis House, 1993.

The authors provide a workbook and leader's guide for a workshop for professional caregivers which deals with coping with and avoiding burnout. The workbook is intended for all participants, the guide for presenters. Price: \$9.50 each workbook (includes shipping & handling); \$12.00 each leader's guide (includes shipping & handling). Address: Francis House Inc., 4703 N. Florida Avenue, Tampa, FL 33603.

Land H., Editor. *AIDS: A Complete Guide to Psychosocial Interventions*. Milwaukee, WI: Family Service American, Inc., 1992.

An introduction to this broad topic. Two chapters on caregivers give information on burnout, stress, and grief. A chapter on people of color and HIV focuses on Latinos, African Americans, Pacific Islanders, and Haitians. A strength of the book is its describing different cultural groups' needs.

Landau-Stanton, J. and Clements, C. D. *AIDS, Health and Mental Health*. New York: Brunner/Mazel, 1993.

A source book for health care practitioners and people providing support to HIV positive people and their loved ones. Included are discussions of how to deal with delirium or dementia, a multi generational therapeutic approach, spiritual issues, and cultural diversity. It proposes a non-judgmental and supportive approach to the individual in his or her context.

Pellauer, Mary D., Barbara Chester, and Jane Boyajian. *Sexual Assault and Abuse: A Handbook for Clergy and Religious Professionals*. San Francisco: Harper & Row, 1987.

This collection of articles introduces religious professionals to the physical, spiritual, and psychological consequences and related issues of abuse.

Perelli, Robert J. *Ministry to Persons with AIDS: A Family Systems Approach*. Minneapolis: Augsburg-Fortress, 1991.

Perelli focuses on the AIDS crisis in the gay male community. He says that the church has to have compassion for the gays even though the Bible and Christian doctrine teach that being gay is immoral. The book discusses such topics as the emotional stresses of AIDS, system of psychosocial stressors, family systems theory, and the applications of this theory in pastoral care of people with AIDS.

Books about psycho-social and spiritual support for individuals and groups

AIDS Caregivers Support Network. ***Circles of Care: Creating and Maintaining Careteams for People Living with HIV/AIDS.*** Seattle: AIDS Caregivers Support Network, 1993.

Circles tells what a careteam is and how to organize it. It gives information that should be included in the training of the careteam: legal and practical matters, care of a person in home or the hospital, and the bereavement process. Please send payment with your order, making check payable to ACSN. \$5.00 1-4 copies; \$4.00, 5-24 copies; \$3.50, 25-49 copies; \$3.00 50 or more copies. Address: AIDS Caregivers Support Network, 2536 Alki Ave., S.W., Box 138, Seattle, WA 98116. Phone: 206-937-3368

All, Lambert W. ***Manual for Strength for the Journey: Retreats for Persons Living with HIV/AIDS.***

How-to materials for planning and conducting spiritual retreats with PLWAs. Address: Conference AIDS Ministry Committee of the California-Pacific Annual Conference of The United Methodist Church, 110 S. Euclid, P.O. Box 6006, Pasadena, CA 91102.

Bereavement Support Groups: Leadership Manual. 4th Edition. Denver, CO: Grief Education Institute, 1992.

This manual includes activities for grief support groups. The first part gives background information and presents theories about grief from such experts as Sigmund Freud, Erich Lindemann, and Elizabeth Kubler-Ross, then looks at grief and growing. Part Two provides guidance for conducting support groups; and Part Three outlines support group sessions. Address: Grief Education Institute, 1780 S. Bellaire St., Ste. 132, Denver, CO 80222; Phone: 303-758-6048.

Dietz, S. D. and J. P. Hicks. ***Take These Broken Wings and Learn to Fly: The AIDS Support Book for Patients, Family, and Friends.*** Second Edition. Tucson, AZ: Harbinger House.

This manual addresses the impact AIDS makes on the lives not only on those people infected by HIV, but also on their families, friends, and caregivers. It stresses that PLWAs need support to cope with their illness: from their families, from their friends, from their health professionals, and from within. The manual stresses that those who make positive changes in actions and attitudes and remain involved in the lives and activities of others will experience an improved quality of life. Address: Harbinger House, 2802 N. Alvernon Way, Tucson, AZ 85712; Phone: 602-326-9595.

Kasl, Charlotte. ***Many Roads, One Journey: Moving Beyond the 12 Steps.*** New York: HarperCollins, 1992.

A Quaker feminist addiction expert confronts the mystique of 12-step programs and concepts of addiction and codependency. Though many have found 12-step groups helpful, countless others, especially women, African-Americans, and Native Americans, find that these groups' emphases on conformity, humility, and personal failings works against their needs for self-affirmation and community support in overcoming issues of child abuse, sexism, racism,

poverty, and homophobia.

Kirkpatrick, Bill. *AIDS: Sharing the Pain*. Cleveland: Pilgrim Press, 1990.
Contains practical guidelines helpful for clergy and lay caregivers.

Pohl, Mel, Deniston Kay, and Doug Toft. *The Caregiver's Journey: When You Love Someone with AIDS*. San Francisco: Harper/Collins, 1991.

Addressing the special needs of caregivers, this book helps friends, family members, and health care professionals work through their feelings, develop tools for acceptance, and understand the common stages in caring for those who are HIV positive. Written from a 12-step perspective.

Todd, Peter B. *AIDS: A Pilgrimage to Healing: A Guide for Health Professionals, Clergy Educators and Carers*. Newtown, Australia: Millennium Books, 1992.

Address: (U.S.A. distributor) Morehouse Publishing, 871 Ethan Allen Highway, Ridgefield, CT 06877; Phone: 203-431-3927.

Tucker, Paul A. *Christian Caring: Four Models of HIV/AIDS Ministry in the Local Church*. Los Angeles: Universal Fellowship Press, 1994.

The book describes four different models of congregational HIV/AIDS ministries, dealing with conditions ranging from asymptomatic to debilitation. The manual addresses stress, burnout, and caring for caregivers. \$10.00, includes postage and handling. California residents add 8.25% sales tax. Address: Universal Fellowship of Metropolitan Community Churches, 5300 Santa Monica Boulevard, Suite 304, Los Angeles, CA 90029.

Books for or about women and HIV/AIDS

ACT UP/New York Women and AIDS Book Group. *Women, AIDS and Activism*. Boston: South End Press, 1990.

A collection of articles. Contributors include DiAna DiAna, Ruth Rodriguez, Suki Teerada Ports, and the Women of ACE (AIDS Counseling and Education Program at Bedford Hills Correctional Facility).

Bass, Ellen and Laura Davis. *The Courage to Heal: A Guide to Women Survivors of Child Sexual Abuse*. 1988; rpt. New York: Harper & Row, 1992.

A must-read book for survivors of sexual abuse, their friends and loved ones, and professionals who relate to survivors. A separate self-help workbook can be used by individuals and groups. A high percentage of women who become infected with HIV are survivors of sexual abuse.

Berer Marge and Sunanda Ray, editors. *Women and HIV/AIDS: An International Resource*

Book. London: Pandora Press, 1993. English or French

Topics include HIV-related illnesses, transmission, effect on pregnancy, testing, counseling, safer sex, project and services descriptions, and resources.

Boston Women's Health Collective. *The New Our Bodies Ourselves: Updated and Expanded for the 1990s*. New York: Simon & Schuster.

Contains chapters on sexuality, fertility, childbearing, and the medical system.

Corea, Gena. *The Invisible Epidemic: The Story of Women and AIDS*. New York: HarperCollins, 1992.

Describes how the neglect of women in the AIDS epidemic reflects their invisibility in society. The book traces the chronology of the epidemic related to women from 1981-1990.

Crawford, Alma et. al. *Our Lives in the Balance: U.S. Women of Color and the AIDS Epidemic*. New York: Kitchen Table Women of Color Press, Forthcoming. English and Spanish. Through telling their stories, women of color examine issues of the HIV/AIDS epidemic. Address: Kitchen Table Women of Color Press, PO Box 908, Latham, NY; Phone: 518-434-2057.

Kasl, Charlotte Davis. *Women, Sex, and Addiction: A Search for Love and Power*. 1989 rpt. New York: Harper & Row, 1990.

This is the book on sexual addiction and sexual codependency for women of all sexual orientations. It is useful for non-addicted women too. Contains a helpful chapter "Rx for the Culture" addressing changes which need to be made in society to alleviate abuse of women and children.

Kurth, Ann. Editor. *Until the Cure: Caring for Women with HIV*. New Haven, CT: Yale University Press, 1993.

The book discusses clinical care for women with HIV, reproductive counseling, ethical issues, legal concerns, a family-centered, community-based comprehensive care model, and program and policy changes that would reduce HIV infection. It includes a resource directory listing.

Mellody, Pia. *Facing Codependence: What It Is, Where It Comes From, How It Sabotages Our Lives*. San Francisco: Harper & Row, 1989.

This best-selling 12-step-oriented book has separate chapters on physical abuse, sexual abuse, emotional abuse, intellectual abuse, and spiritual abuse. A separate self-help workbook can be used by individuals and groups. Many women must deal with issues of abuse and "codependence" in order to build self-esteem which may empower them to prevent HIV infection, or to be more healthy, despite an HIV diagnosis.

Roth, Paula. Editor. *Alcohol and Drugs Are Women's Issues*. Metuchen, NJ: Scarecrow Press, 1991.

Volume One: A review of the Issues contains 24 chapters on the history of U.S. women and drug use; issues for African-American, Hispanic, Native American and Asian American women; how women fare in 12-step programs like Alcoholics Anonymous, and the controversial issue of punishing pregnant addicts. *Volume Two: the Model Program Guide* contains information necessary to integrate the model program designed by the Women's Action Alliance into existing services for women. Address: Scarecrow Press, 52 Liberty St., Box 4167, Metuchen, NJ 08840.

SIECUS Report. Vol. 19, No. 2 December 1990/January 1991.

Special issue **"Women and HIV/AIDS: The Silent Epidemic."** Includes an annotated bibliography. Single copy is free. Please include three stamps and a self-addressed 8" x 11" envelope. Vol 21, No. 4. April/May 1993 (low stock)

Special issue **"Child Sexual Abuse and the Risk of HIV Infection in Adulthood."** \$9.20. Vol 22, No. 1 October/November 1993.

Special issue **"At Issue with AIDS: About Women."** Includes an annotated bibliography. \$9.20. Address: Sex Information and Education Council of the US, 130 West 42nd Street, New York, NY 10036; Phone: 212-819-9770.

Worth, Dooley. **"Minority Women and AIDS: Culture, Race, and Gender"** in *Cultural Aspects of AIDS*, edited by Douglas Feldman. New York: Praeger, 1990.

Books of interest to a variety of families

Ascher, Barbara Lazear. *Landscape Without Gravity: A Memoir of Grief*. New York: Penguin Books, 1993.

Landscape has been described as "...the bold account of a sister coming to terms with her brother's death and with the type of grief that arises only when one sibling loses another...." The last chapters describe her experience in an HIV/AIDS support group led by a clergyman at a church. Telephone: For orders of more than 25 copies at a discount, call 800-253-6476.

Boyd, Terry. *Living with AIDS: One Christian's Struggle*. 1990 rpt. Lima, Ohio: C.S.S. Publishing Company, 1992.

Cathie Lyons writes in the forward to this book, "Terry Boyd's writings during the last year of his life represent the faith journey of a man who has no illusions.... Terry's belief in life everlasting comes shining through when he writes about death.... AIDS is finite. Love is infinite. AIDS has no power over the love which God has given." Limited copies are available from the Health and Welfare Ministries Program Department, GBGM, UMC.

C.S.S. (below) has more copies of this book. Address: C.S.S. Publishing, Inc. 628 South Main Street, Lima, Ohio 45804.

O'Sullivan, Sue and Kate Thomson, editors. *Positively Women: Living With AIDS*. London: Sheba Feminist Press, 1992.

An international anthology of stories of women who are HIV positive. It contains a chapter "Research: HIV AIDS and the Invisibility of Women" by Emily Scharf.

Peavey, Fran. *A Shallow Pool of Time: An HIV+ Woman Grapples with the AIDS Epidemic*. Philadelphia: New Society Publishers, 1990.

Fran Peavey has included selections from her journal and articles she has written about AIDS and her experience as an HIV positive woman living in San Francisco.

Richardson, Ann and Dietmar Bolle. Editors. *Wise Before Their Time: People From Around the World Living with AIDS and HIV Tell Their Stories*. London: HarperCollins, 1992.

The personal stories of women and men from around the world. Helps to personalize HIV/AIDS.

Rudd Andrea and Darien Taylor, editors. *Positive Women: Voices of Women Living with AIDS*. Toronto: Second Story Press, 1992.

Women from 14 countries express their experience of living with HIV/AIDS through personal stories, art, and poetry.

Ruskin, Cindy and Matt Herron. *The Quilt: Stories from the Names Project*. New York: Simon & Schuster, 1988.

Pictures and stories of panels made for the AIDS Memorial Quilt.

Stasey, Bobbie. *Just Hold Me While I Cry*. Albuquerque: Elysian Hills, 1993.

A mother's life-enriching reflections on her family's journey through AIDS. She shares her feelings about the medical system, her son's gayness, and fears and courage. Out of her experience, she began a bereavement support group for survivors of people who have died as a result of HIV/AIDS related complications.

Books for or about children or teens and HIV disease

Aiello, Barbara and Jeffrey Schulman. *Friends for Life*. Kids on the Block Series. Frederick, MD: Twenty First Century Books.

This book is geared to a fifth grade and above reading level. Story focuses on the reaction of a class to learning that a club sponsor has AIDS.

American Indian Health Care Association. Illustrations by Jule Durfee Kastigar. *The Best I Can*

Be. St. Paul: American Health Care Association.

A coloring book for young children which teaches good basic health practices such as eating good food and exercising. The last pages talk of persons who get very sick from AIDS and need care and compassion. Address: American Indian Health Care Association. AIDS Education Project, 245 East Sixth Street, Suite 499, St. Paul, MN 55101.

Clifton, Lucille, *Everett Anderson's Goodbye*. New York: Henry Holt and Company.

The book tells the story of a young African-American boy who is mourning the loss of his father. Can be used as an aid to talk about death. It is not AIDS-specific.

Fassler, David and Kelly McQueen. *What's A Virus, Anyway? The Kids' Book About AIDS*. Burlington, VT: Waterfront Books. English or Spanish.

This book introduces young children, ages 4-10, to HIV and AIDS. The book covers HIV transmission and touches on other issues including death and dying and fear. A supplementary 12-minute educational videotape is available.

Girard, Linda Walwood with illustrations by Blanche Sims. *Alex, the Kid with AIDS*. Morton Grove, IL: Albert Whitman & Company, 1991.

Alex, an Anglo boy who has contracted AIDS because of a blood transfusion, is assigned a seat next to another Anglo boy. Alex and the boy become good friends, bonding through their mutual enjoyment of making fun of others. They are disciplined for writing a derisive poem. The teacher remarks that she has let Alex do things that she would not let others do and that she will not give him any more special treatment. The boy and Alex become closer friends and moderate their behavior. The illustrations of the book are multicultural; the teacher is African-American.

Hein, Karen. *AIDS: Trading Fears for Facts--A Guide for Teens*. Fairfield, OH: Consumer Reports Books, 1993, Third Edition.

For high school students. Gives basic factual information.

Holden, Anne Marie. Illustrations by Sue Leap. *Uncle Jake's Story*. Anchorage: Alaska Native Health Board, 1992.

Written for older children to be read with an adult. Jimmy and Marissa, who are Alaska Native children, learn their Uncle Jake has AIDS. Shows the process that their father goes through to learn about AIDS and to accept his brother and not be afraid of casual transmission. Jake resolves to live a more healthy life in the years he has left. Set in Alaska; illustrations are of Alaska Natives and their settings. Address: Alaska Native Health Board, 1345 Rudakof Circle, Suite 206, Anchorage Alaska 99508. Phone: 907-337-0028; Fax 907-333-2001.

How to Talk to Your Children About AIDS. New York: Siecus, updated 1993. English or

Spanish.

This 15-page brochure provides parents with guidelines of discussing AIDS with children. Specific conversation guidelines are given for infants and toddlers, preschool children, young children, preteens, and teens. More than one half million copies of this brochure have been distributed since its first publication. Single copy, free; please send a self-addressed stamped business envelope; 2-49 copies, \$1.00 each; with a graduated scale of prices up to multiples of 1,000 copies for \$400 per thousand. Address: Sex Information and Education Council of the US, 130 West 42nd Street, New York, NY 10036; Phone: 212-819-9770.

Hynson, Diana and Carmen M. Gaud. ***To the Point: Confronting Youth Issues—AIDS***. Nashville: Abingdon Press, 1993. English and Spanish in the same book.

This important resource offers practical ways to talk to teens and adults about AIDS in a biblical and theological context. It also contains leader's guides for using Magic Johnson's book (see below). Telephone: Cokesbury, 800-679-1789.

Johnson, Earvin "Magic." ***What You Can Do to Avoid AIDS***. San Francisco: Chronicle Books, 1992. English or Spanish. Also on audiocassette (English only).

Written especially for a teenage audience but opens with a message to parents. Contains several personal stories from young people. The book *To the Point* above contains a leader's guide for using Magic Johnson's book with youth.

Jordan, Mary Kate, with illustrations by Judith Friedman. ***Losing Uncle Tim***. Morton Grove, IL: Albert Whitman and Company, 1989.

Daniel adored his Uncle Tim. One winter Daniel's mother told him that Uncle Tim had AIDS. Shows Daniel's reactions to Uncle Tim's worsening condition and his final acceptance of his death. This book is for grades 2 to 6. All of the images are of Anglo people.

Josie's Story. English or Spanish.

A coloring book for children, ages 5 through 10, whose parents have AIDS or HIV illness. It is to be used by the child along with a parent, social worker, or other caring adult. It may be freely reproduced with appropriate credit. Copies may be purchased for \$3.00 each. Payment must accompany order. Address: Metropolitan Community Church of New York, 446 West 36th Street, New York, NY; Phone: 212-629-7440.

LeShan, Eda. ***Learning to Say Good-by When a Parent Dies***. New York: McMillan Publishing Company, 1976.

Written for older children in simple, direct language, this book discusses the questions, fears, and fantasies older children may have about a parent who has died. The book is also excellent for teachers or parents because it gives many insights into what the children may be experiencing. It can help parents to know how to work through their own or their children's grief.

Merrifield, Margaret. *Come Sit by Me*. 1990. The Women's Press, 517 College St., Suite 233, Toronto, Canada M6G 4A2.

Karen's school playmate Nicholas has AIDS. Her mother tells her it is OK to play with him but some other parents won't let their children do that. The parents are educated and allow their children to play with him. This book is for ages 4 to 8.

Pollack, Eileen, with illustrations by Bruce Gilfoy. *Whisper Whisper Jesse, Whisper Whisper Josh: A Story About AIDS*.

Jesse hears his parents whispering at night. His uncle Josh, whom he has not seen for years, comes to live with them. He knows his father has been angry with Josh; the word "gay" is never mentioned, only implied by the rift in the family. He is told that Josh is sick but not that he has AIDS. Jesse enjoys playing with Josh and grieves his death. His father apologizes for not telling him earlier that Josh had AIDS. All of the illustrations show Anglo people. This book is for ages 5 and up.

Quackenbush, Marcia and Sylvia Villarreal. *"Does AIDS Hurt? Educating Young Children About AIDS"*. Santa Cruz, CA: Network Publications, 1992.

Gives suggestions for teachers, parents and other care providers of children up to age ten. Not only discusses age-appropriate information and questions children often ask but also how to talk to children about family members at risk of AIDS. It has an important chapter on "Signs of Child Sexual Abuse." Address: ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830; Telephone: 408-438-4080.

Quinlan, Patricia, with illustrations by Janet Wilson. *Tiger Flowers*. New York: Dial Books for Young Readers, 1994.

Joel, an Anglo boy, remembers his uncle Michael, who died of AIDS. Michael's best friend Peter died of AIDS first. (The book does not go any further than this.) Michael liked tigers and tiger lilies. Joel has a comforting dream about Michael that takes place in a zoo and shares this with his mother. His mother affirms that Michael loved him very much and comforts him in his grief. The illustrations show the family as an Anglo family; one scene in a ballpark depicts a multicultural crowd.

Sanford, Doris. *David Has AIDS*. In Our Neighborhood Series. Mutnomah, 1989.

David, who has hemophilia and AIDS, is lonely for a playmate. The kids at school avoid him until Washington becomes his friend. David is able to face his death with courage. This book is for children in kindergarten through 4th grade.

Schaefer, Dan and Christine Lyons. *How Do We Tell the Children?: Helping Children Cope When Someone Dies*. 1986; rpt. New York: Newmarket Press, 1988.

This book is a step-by-step guide to talking about death with children from age two through the teen years. It gives insights into what children think and understand, how they feel, and

how adults can help them cope with those feelings. It also has a 16-page crisis guide that outlines the points in the book and contains sample "scripts" to help parents talk about life situations such as terminal illness, suicide, and AIDS.

Tasker, Mary. *Jimmy and the Eggs Virus*.

A book for children, kindergarten through 2nd grade. Jimmy mistakes the word "eggs" for "AIDS." Single copies are available for \$2.00 prepaid. Address: National Pediatric HIV Resource Center, 15th S. Ninth St., Newark, NJ 07107; Phone: 201-268-8251.

Verniro, Joan C. *You Can Call Me Willy*. New York: Magination Press, 1994.

"I was named Wilhelmina Jones... my friends call me Willy. You can call me Willy, too." Written to help children ages four to eight to understand AIDS, the book tells the experiences of Willy, an eight-year old African-American girl living with AIDS. The book addresses some of the most common fears children have about HIV/AIDS and encourages compassion and understanding toward those with the illness. The book is to be read by children with a parent or professional. Telephone: 800-825-3089; in NY, 212-924-3344.

White, Ryan and Marie Cunningham. *My Own Story* (1991; rpt. New York: Penguin Books, 1992).

The moving account of Ryan White, the United Methodist teenager who made the news when he insisted on going to school after he was diagnosed as HIV positive. *The New York Times Book Review* said the book is: "a powerful tale, of Ryan White's life and death, of the news' media's often losing struggle to cope with complex issues, of the growing power of celebrity, of a family's struggle to rise above a tragedy that is, after all, nearly beyond words" (May 12, 1991). This book is for ages 10 and up. This edition contains an afterward, telling about Ryan's death and his family's life after his death.

See also the Pamphlets and Brochures section and the Videos section below for more resources for children and youth.

Pamphlets, brochures and posters

Choose Life: Taking Action to Be Fully Alive with HIV/AIDS.

Written by the Rev. Dr. Stephen Pieters, a long-term survivor (since 1982) of HIV infection, the pamphlet has 12 suggestions. Ask about other brochures written by him. 19 cents each. Address: UFMCC Church Services, 5300 Santa Monica Boulevard, Suite 304, Los Angeles, CA 90029; Phone: 212-464-5100; Fax: 213-464-2123.

SCRIPTOGRAPHIC BOOKLETS

These are easy-to-read booklets with lots of illustrations. Below is a sampling of titles:

AIDS: A Coloring and Activities Book. #56721, English; #56903, Spanish. (A coloring book for children, ages 6-9)

AIDS: An African-American Woman's Story. #41632.

AIDS and My Family: A Hispanic-Latino Man's Story. #41624, English; #41889, Spanish.

Living with HIV. #37689, English; #37937, Spanish.

Let's Talk About AIDS: An Information and Activities Book. #56473, English; #56788. Spanish. (For children ages 9-12)

My Brother God AIDS: An African American Man's Story. #41228.

Talking With Your Child About AIDS—From Preschool Through High School. #38760.

What Everyone Should Know about AIDS. #14274, English; #14308, Spanish.

What Young People Should Know about AIDS. #15149, English; Spanish #37176. (for teens)

Address: All Scriptographic Booklets are available from Channing L. Bete Co., Inc., South Deerfield, MA 01373. Phone: 800-628-7733.

Video cassettes about HIV/AIDS

Those videos marked ECUFILM are available from: Ecufilm, 810 12th Ave. South, Nashville, TN 37203; Phone: 800-251-4091. Ecufilm offers videos both for rental and for sale.

AIDS: A Family Conversation.

A 58-minute video covering issues faced by family members of gay men who have died of AIDS-related complications. All participants are involved in AIDS ministry. Available on loan for the cost of postage and handling. Address: Memorial Christian Church, 730 Tappan Street, Ann Arbor, MI 48104-3089; Phone: 313-662-4245

AIDS: A Healing Ministry. Rental: \$12.50, Sale: \$25.00. ECUFILM.

A 32-minute video with accompanying study guide, which introduces churches to the opportunity for ministry. It takes much of its material from the national United Methodist Consultation on AIDS Ministries which was held in San Francisco.

AIDS Wise, No Lies.

This 22-minute video designed for younger audiences presents a series of ten vignettes about

young people of various backgrounds and cultures whose lives have been affected by AIDS. A study guide is available. Address: New Day Films, 121 West 27th Street, Suite 902, New York, NY 10001; Phone: 212-645-8210

And the Band Played On. Sale: About \$30.00.

An HBO production based on Randy Shilts' book by the same name. Starring Matthew Modine and Richard Gere, this 140 minute video chronicles the early years of the AIDS crisis and the failure of the medical establishment, government, and many of the gay male community to acknowledge what was happening. Available through video stores or for purchase through groups such as Columbia House Video Club.

Belinda. Sale: \$35.00 to churches and AIDS Service Organizations, otherwise \$195.00

A native of eastern Kentucky, Belinda Mason was "a small-town journalist, a young mother, a reliable Tupperware party guest" until she became infected with the HIV virus in 1987. In this 29-minute video, Belinda says, "AIDS is less about dying than about choosing how to live," and "People ask me if I think AIDS is a punishment from God. I can't pretend to fathom what God is thinking, but maybe we should look at AIDS as a test, not for the people who are infected, but for the rest of us." Address: Appalshop Film and Video, 306B Madison Street, Whitesburg, Kentucky 41858; Phones: ask for Carolyn Sturgell at 800-545-7467; or 606-633-0108; Fax: 606-633-1009.

Common Threads: Stories from the Quilt. Sale: About \$20.00.

A 79-minute color video, narrated by Dustin Hoffman, original music by Bobby McFerrin, that won the 1989 Academy Award for best feature documentary. The stories cover an Olympic athlete, an 11-year old suburban boy, and an inner-city married man. All profits raised through the sale of this video go to The NAMES Project. The video may also be available from an area AIDS education organization or for rental from your local video store. Address: The NAMES Project, 2362 Market Street, San Francisco, CA 94114-9926; Phone: 415-863-5511.

DiAna's Hair Ego. About \$40.00 for individuals.

DiAna DiAna, an African-American woman, educates the customers at her beauty salon. The 29 minute video shows how her AIDS education organization developed as she assessed the needs of the people of her community through personal contact, trial and error. For example, when she first put out condoms, women were too embarrassed to take them; so she and volunteers gift wrapped them like little Christmas presents. Then the women started picking them up. The video is explicit. Address: Video Data Bank, 37 South Wabash Avenue, Chicago, Illinois; Phone: 312-345-3550; Fax: 312-541-8073.

HIV/AIDS: Stories of Mutual Ministry. Rental: \$18.00; Sale \$29.95 ECUFILM.

A 28-minute video produced by the Presbyterian Church, U.S.A.

"I Have AIDS"--A Teenager's Story. Sale: \$12.00, including a free teacher's guide.

This award-winning 30-minute video is a 3-2-1 CONTACT Extra that was produced by Children's Television Workshop. It shows Ryan White talking with eight-twelve year-olds about his feelings about having AIDS and giving information about AIDS. Address: The National AIDS Information Clearinghouse, P.O. Box 6003, Department G, Rockville, MD 20850; Phone: 800-458-5231.

Longtime Companion. Sale: About \$30.00

Rolling Stone called this film the best movie of 1990. This 100 minute video explores the progression and effects of AIDS on individuals, couples, and the community in the early years of the AIDS crisis. Available from AIDS support organizations, video stores or through mail order from catalogs such as: Ladyslipper, Inc., PO Box 3124-R, Durham, NC 27715; Phone: 800-634-6044.

Philadelphia. Sale: About \$30.00

This 1993 film, rated PG-13, earned a number of Academy Award nominations and oscars for Tom Hanks and Bruce Springsteen. Tom Hanks plays a gay lawyer who is diagnosed with AIDS and fired by his law firm. Denzel Washington is the lawyer that helps him take legal action. This video is available for rental from most video stores and may also be purchased.

SIDA is AIDS. English or Spanish.

A 60-minute culturally sensitive video focusing on the impact of AIDS on the Hispanic community. KCET Latino Consortium, 4401 Sunset Boulevard, Los Angeles, CA 90027; Phone: 213-667-9425.

Silverlake Life: The View from Here. Sale: \$40.00.

As seen on P.O.V., *Silverlake Life: The View from Here* (99 minutes, color, 1993) is a highly personal film which traces the journey towards death of filmmaker Tom Joslin and his companion of 22 years, Mark Massi, both of whom are stricken by AIDS. The film captures the everyday realities of living with AIDS, and emerges as a heightened mix of optimism and despair. Available from video stores such as Tower Records and Borders. Telephone: 800-314-8822.

Spread the Word. Rental \$20, sale \$24.95. ECUFILM

A 27-minute video that gives AIDS information and is a discussion starter for adolescents and young adults. The book *To the Point*, available from Cokesbury contains a leader's guide for using this video with youth. Check your annual conference video library.

Threads of Love: A Tapestry of Remembrance. ** English or Spanish

A moving ten-minute video produced by Health and Welfare Ministries, GBGM, UMC, about the NAMES Project AIDS Memorial Quilt, showing the quilt and individual panels made in remembrance of persons who have died from AIDS. The cost is \$12.00. The video is also available from the Service Center (#1713).

A Time for Caring: A Pastoral Approach to Persons with AIDS.

A 37-minute color video produced by the Lazarus Project in cooperation with the West Hollywood Presbyterian Church. Shares the stories of several active church members with AIDS. Includes their reflections on the kind of help they found most useful and comforting. Also includes a moving segment in the hospital as a man speaks of his faith with his pastor. Sale only; \$23 includes postage and handling. Make checks payable to The Lazarus Project. Address: West Hollywood Presbyterian Church, 7350 Sunset Blvd., Hollywood, CA 90046.

Unconditional Love. Rental: \$18.00; Sale: \$24.95. ECUFILM

A 30 minute video about the HIV/AIDS ministry of St. Paul's United Methodist Church in Rodondo Beach, CA. A major part of their ministry is a food pantry.

Why We Care: About AIDS. Rental: \$18.00; Sale: \$29.95. ECUFILM

Three vignettes in a 30 minute video which reveal forms of discrimination against those perceived to have HIV/AIDS. One vignette is an inner city ministry in Baltimore.

Directory of Alabama AIDS Services
Birmingham, unless noted otherwise

Organizations (Contact Persons)	Phone Number
A Baby's Place of Alabama, Inc. (Glenda Hollis, Director)	205-939-1514
AFRICAH (Alliance For Responsible Individual Choices Against HIV) (Montg., Brian Matthews)	334-265-4587
AIDS Action Coalition (Huntsville) (Sandra Moon, Director)	205-883-2437
AIDS Education and Ministry Project (Malcolm Marler, Dir.)	205-975-9129
AIDS in Minorities, Jefferson County (Tony Morris, Director)	205-917-3786
AIDS Services Center (Anniston) (Deborah Wade, Director)	205-235-2437
AIDS Task Force of Alabama (Randy Russell, Director)	205-781-6448
Alabama AIDS Symposium (Montgomery) (Diane Beeson)	334-613-5357
Alabama AIDS Hotline	1-800-228-0469
Alabama Department of Public Health (HIV) (Sandra Langston)	334-613-5357
Alabama Hospice Organization (Anniston) (Jeannie Stanko)	205-236-5334
Baptist Health Systems--Hospice (Karen Rosenow)	205-783-7236
Birmingham AIDS Outreach (BAO) (Madge Noland)	205-322-4197
Children's Aid Society (Joyce Greathouse, Director)	205-251-7148
Cooper Green AIDS Clinic (Ann Atkinson, Social Worker)	205-930-3282
Family Clinic (Children's Hospital of Alabama--Julie Hultquist)	205-939-9400
Jefferson County Department of Public Health (Jim Alosi)	205-930-1188
Lee County AIDS Outreach (Auburn) (Kate Kellenberger)	334-887-5244
Mobile AIDS Support Services (Cindy Nelms, Dir.)	334-433-6277
Montgomery AIDS Outreach (Jacky Stancil, Director)	334-269-1432
Selma AIR (AIDS Information and Referral) (Albert Hardy)	334-872-6795
UAB 1917 Clinic (Lyn McDurmont, Social Worker)	205-934-1917
UAB AIDS Center (Lisa Sandlin)	205-934-4321
UAB School of Public Health (Tom Struzick, HIV Coord.)	205-934-3262
Veteran's Hospital (Jennifer Green, HIV Social Worker)	205-933-8101
West Alabama AIDS Outreach (Tusc.) (Bettina Schmid, Dir.)	205-758-2437
Wiregrass AIDS Outreach (Dothan)	334-671-7185

- Memo -

Date: Tuesday, July 18, 1995
To: Rev. Marge Ragona
From: Malcolm Marler
Subject: Support for you and your Care Team

I want you to know that our Care Team Specialty Workshop that I have been leading each month has now changed and is open to **any** persons who are Care Team Leaders **or** Members. We meet from 3:00-4:30 p.m. at the monthly training event and is an opportunity for many of us to share joys, concerns, and challenges with one another. It has been a rich time.

This coming month, August 12th at Cathedral Church of the Advent (Episcopal) in Birmingham (5th Avenue and 20th Street North) from 3:00-4:30 p.m. we are in for a treat. One of the recipients of our care teams will talk to the group about the importance of communication among team members. It should be a special time as this Care Team Friend shares with us from two perspectives: one who has experience in serving on a Care Team and one who is now receiving care from a team.

Please share this with your team. This meeting is not a requirement, simply a way we are trying to support you and your team. Some teams are planning on sending representatives each month and then report back to their respective teams about what is learned. No reservation is needed.

Thanks again for all you are doing. Feel free to call Joe Elmore or me on our direct line, 975-9129, if we can be of any help to you.

Malcolm Marler
Director, AIDS Education and Ministry Project

COMMUNITY AIDS EDUCATION AND VOLUNTEER TRAINING

August 12, 1995

Cathedral Church of the Advent Episcopal, 2107 6th Ave. North, Birmingham, AL.

A new easy access number for AIDS volunteers!
**Community AIDS Education and Volunteer
Training Line
975-9126**

- 8:00-8:30 **REGISTRATION** - A ten dollar registration fee covers lunch and materials.
- 8:30-9:00 **WELCOME AND INTRODUCTIONS** - Malcolm Marler, D.Min., Dir. of AIDS Education and Ministry Project - UAB
- 9:00-10:30 **AIDS 101** - Richard Meriwether, AVEU Recruiter and Educator
- 10:30-10:45 **Break**
- 10:45-11:45 **PSYCHO-SOCIAL ISSUES OF PERSONS LIVING WITH HIV** - Susie Hale, LMT, LPC
- 11:45-12:30 **LUNCH** - COMMUNITY AIDS RESOURCES
(Who, What and Where are They?)
- 12:30-1:30 **DIVERSITY TRAINING** - Bob Burns
- 1:30-1:45 **BREAK**
- 1:45-2:45 **GRIEF AND LOSS** - Malcolm Marler
Experiential workshop on managing grief and loss.
- 2:45-3:00 **PRESENTATION OF GRADUATION CERTIFICATES**
- 3:00-4:30 **SPECIALITY WORKSHOPS**
- A. AIDS Care Team Orientation - Joe Elmore
 - B. Training for Outreach Education - Tony Morris
 - C. Care Team Support for Members and Leaders - Malcolm Marler
- Each instructor will institute a break as they wish.
- 4:30 **DISMISSAL**

SPONSORING ORGANIZATIONS

AIDS in Minorities (AIM) - 323-7949, AIDS Task Force of Alabama (ATFA) - 592-2437, Birmingham AIDS Outreach (BAO) - 322-4197, UAB 1917 Clinic - 975-9126

